

POLICY FOR PERSONAL, SOCIAL AND HEALTH EDUCATION AND CITIZENSHIP

Downsend attaches great importance to Personal, Social and Health Education and Citizenship and its place in the school curriculum.

PSHE and Citizenship at Downsend follows closely the recommendations in the PSHE and Citizenship Framework.

The Aims of PSHE and Citizenship

Children need the self-awareness, positive self-esteem and confidence to:

- stay as healthy as possible;
- keep themselves and others safe;
- have worthwhile and fulfilling relationships;
- respect the differences between people;
- develop independence and responsibility;
- play an active role as a member of a democratic society;
- be aware of their place in the world;
- make the most of their own and others' abilities.

PSHE and Citizenship is central to the educational entitlement of all children at Downsend and permeates all aspects of life in school. It is encompassed within the teaching of all subjects within the National Curriculum and is identified in Downsend curriculum policies. The interdependent aims for the school curriculum cannot be fully achieved without the provision of PSHE and Citizenship.

PSHE and Citizenship is linked closely to other cross-curricular policies, available on the school's VLE, Firefly, which can be consulted for more information. They include:

- **Anti-Bullying;**
- **Behaviour;**
- **Safeguarding & Child Protection Policy;**
- **Sex & Relationships Education;**
- **Health and Safety;**
- **Equality & Diversity;**
- **Safeguarding: Online Safety;**
- **Spiritual, Moral, Social & Cultural.**

The way the curriculum is managed, its organisation and the varying teaching styles used are central to Downsend's philosophy and ethos, its aims, attitudes and values. All contribute to the personal, social and healthy development of children in school. PSHE and Citizenship feature as a timetabled part of the weekly curriculum in Years 2-8, as well as impacting on the rest of the curriculum.