

PSHE & Citizenship

Aims

1. Developing confidence and responsibility and achieving potential
2. Preparing to be an active, successful and positive citizen
3. Developing skills and knowledge for a healthier and safer lifestyle
4. Developing positive relationships and respecting others

Objectives

1. Developing confidence and responsibility and achieving potential

Pupils will develop confidence and take responsibility for themselves and for the environment as we encourage them to:

- a) Talk and write about themselves.
- b) Face new challenges positively by collecting information, seeking help and advice and making responsible choices.
- c) Recognise their strengths and weaknesses, set personal targets.
- d) Acknowledge the range of jobs carried out by people they know and those they encounter in school e.g. scientists, artists, sports people, dancers, composers.
- e) Be prudent with money and understand the benefits of saving.

Typical activities to support this objective:

- Helping to make and follow classroom rules.
- Assemblies and positive reinforcement during normal classroom lessons.
- Pupils are responsible for keeping their classrooms clean and tidy.
- Activities and clubs.
- Visits and visiting speakers.
- Assembly themes.

2. Preparing to be an active, successful and positive citizen

Pupils will play an active role as citizens when encouraged to:

- a) Contribute to the life of the class and the school.
- b) Make sensible choices and develop a sense of fairness and unfairness and a sense of right and wrong.

- c) Identify, describe and deal effectively with their feelings towards themselves and others.
- d) Understand that they belong to communities e.g. families, school clubs.

- e) Learn from experiences.
- f) Learn about the damage and good that can be done to our local environment and that resource availability has significant effects on individuals, communities and the sustainability of the environment.
- g) Discuss and debate topical issues e.g. simple environmental issues, such as litter, aggressive behaviour.
- h) Understand the need for rules and laws and their adherence.
- i) Understand that all members within a family, school or broader community have certain rights, duties and responsibilities.
- j) Respect and understand the diverse national, regional, religious and ethnic identities, societies and cultures in the United Kingdom.

Typical activities to support this objective:

- Encourage independence
- Assign leadership and responsibility
- Circle Time
- Recycle
- Celebrate the traditions of additional cultures in school
- Acknowledge other languages spoken in school

3. Developing skills and knowledge for a healthier lifestyle

We help pupils to develop a knowledge and understanding of:

- a) Safety rules for different environments.
- b) What contributes to a healthy lifestyle: regular exercise, balanced diet, maintenance of good personal hygiene, reduction in risk taking etc.
- c) The names and functions of parts of the body.

Typical activities to support this objective:

- Discuss diet and exercise
- Maintain a healthy lifestyle and reinforce importance through topic work and Circle Time

4. Developing positive relationships and respecting others

Pupils will develop positive relationships and respect for others as we teach them to:

- a) Play and work co-operatively.
- b) Realise that other people and living things have needs.
- c) Recognise how their behaviour affects others.
- d) Recognise, respect and celebrate the differences and similarities between people.
- e) Listen to other people's feelings and try to understand their point of view.

Pre-Prep Leatherhead is committed to furthering the Spiritual, Moral and Cultural Opportunities for even our youngest children. We do this in a variety of ways and activities may include the following:

- Sharing equipment and resources and turn-taking in group tasks.
- Meeting, listening to and talking with visitors such as police, authors, the school nurse etc.
- Contributing to the needs of others in the community e.g. supporting our charity, donating gifts at Harvest time, singing to the residents in our local Nursing Homes, visiting neighbours.
- Discussions with individual children, group discussions, whole class discussions.

September 2016
Next Review September 2017

This policy is applicable to:
First Steps (2-3 years)
Rising Reception (3-4 years)
Reception (4-5 years)
Year One (5-6 years)