

# Boys Boots: Rugby/Football?

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In order to make absolutely sure there is no confusion over which type of boots the boys need for Rugby and Football, please read the guidelines below:

In Years 4 to 8 the main sport in the Autumn Term is football. Rugby begins at the end of this term and continues into the Spring Term. Years 2 and 3 will play football through both winter terms.

There is no need to buy rugby boots and football boots. Some may choose to do so, but it is certainly **not** essential as football boots fitted with the correct studs can be worn for **both** sports.

When I need new boots, I buy football boots and then replace the studs with alloy rugby studs (do not over tighten), which have an individual kite mark visible on each one. These boots will now enable me to play both rugby and football.

Some shop assistants are unaware of the rugby kite mark on studs. If you cannot see it on the stud **do not** buy them. If you are still unsure, the School Office has a pot of spare aluminium studs – take one to the shop and show the assistant what you are searching for.

Boots with moulded studs are fine (they must be kept smooth if playing rugby), as are removable aluminium or moulded 'blades'.

Some rugby boots have a 'hard' toe to protect the foot. These are inappropriate for football.

Every boy in the school must have a named boot bag. These are a good way of identifying your own boots, which are difficult to name, as well as keeping them together with their shin pads. It also means we do not have issues with mud on the floors, or dirty boots in contact with uniform, other games kit or the inside of the kit bag.

If you are in any doubt please contact me at school. Come and see me morning or evening, or send your son in with the boots for some advice. Good hunting!

*Howard Roberts - Head of PE & Sport*