

# Downsend+

## February Half Term, Easter & May Half Term Holidays 2017

Welcome to our 2017 holiday programme for children from Reception to Year 8. We are happy to welcome non-Downsend children to our scheme, so why not bring a friend with you to join in with our activities?

### Downsend+ Days Include:

- Non-stop activities from 9.00 am - 4.00 pm on most weekdays during the school holidays (except Bank Holidays):
- Access to the ICT Suite for activities and games
- Art & Craft activities with seasonal themes
- Use of our sports hall, astroturf and fields for sports/games sessions
- Swimming twice, most days, in our 25m heated indoor swimming pool
- Food/textiles suite for cooking and sewing
- Opportunity to play board games, Xbox and Wii games together with a variety of free play options
- Table tennis, trampolines, go-karts (weather dependent) plus quiet areas for reading and relaxing with friends
- Children are welcome to bring in their bikes and scooters **but they must have a helmet** - we ask that children do not wear heelies
- All children attending any Downsend+ day or course should wear old clothing, as it may get dirty or stained
- We request that children **do not** bring mobile phones, electronic devices etc to Downsend+

### Downsend+ Courses - You only pay for the course price or Downsend+ price - not both.

With a huge variety of choice, the scheme gives children access to exciting and absorbing workshops, courses and master classes by professional coaches and thrilling days out they, perhaps, would not otherwise have tried. We hope they will make new friends, gain new skills in a relaxed and safe environment and be inspired to achieve more than they thought possible. Our main aim, however, is that they have LOTS OF FUN!

### **PLEASE NOTE:**

All courses are individually priced and are the FULL cost for the duration of the course - no additional charges apply.

Drop off time for all morning sessions is 9.00 am, lunch is at 12.00 noon and the children will be ready for collection at 1.00 pm. However, drop off time for all off-site morning courses is 8.45 - 8.50 am to enable the minibuses to leave by 9.00am. Drop off time for all afternoon sessions is 12.00 noon when the children will have lunch, ready to start their course at 1.00 pm. Collection for afternoon courses will be at 4.00 pm. Please note some courses have later collection times.

### **Food**

Morning and afternoon snacks are provided together with a choice of lunch options for any Downsend+ morning only session, Downsend+ day or course.

### **Extended Day**

For working parents Extended Day care is provided by our early start and tea clubs from 8.00 am - 5.30 pm during the holidays (at an extra charge). Children booking a late finish will be given tea.

Rebecca Peek

Downsend+

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## The following courses are available over the February Half Term , Easter & May Half Term Holidays 2017

### **Alice Holt Cycling/Woodland Walk - Age 6+**

We are back to Alice Holt, cycling safely away from roads under the instruction of professional instructors, all abilities are welcome with more challenging routes for the more able. After a picnic lunch the Downsends+ staff will lead the children on an exploration of the fantastic woods. **Please note all bikes and helmets will be provided by the cycling centre.**

### **Ballet - Age 5 - 8 years**

For all those children who just love to dance, come along for a fun filled and creative time with JH Ballet. Eleanor Coley will be running these dance workshops where there will be plenty of fun games, arts and crafts.

### **Bikeability - Year 5+**

Bike Ability is a cycle training scheme designed to give children the skills and confidence they need both to cycle safely on the roads and to encourage them to carry on cycling into adulthood. Through exciting sessions, qualified NSI coaches will develop skills handling, road awareness and confidence in a realistic, safe and fun learning environment..

### **Bird Feeder - All Ages**

Make and decorate a wooden bird feeder, to hang in the garden for the hungry birds.

### **Brooklands Museum - Age 6+**

The worlds first purpose built motor racing circuit built in 1907, home of Concorde, which the children will visit. The museum exhibits racing cars, motor cycles and aircraft from the second world war. Drinks, snacks and packed lunch will be provided.

### **Bowling - 6+**

A fun session bowling with friends, all abilities welcome.

### **Bushcraft Skills - Reception - Year 3 & Year 4+**

Forest School is for children who love having fun and exploring the great outdoors. Activities such as den building, natural art, bug hunts, story telling and bushcraft skills will be on offer. Forest School is a safe place where children will build confidence, be inspired and enjoy learning about nature and the environment.

### **Caving & Climbing - Age 6+**

Explore the unique artificial caving system at Craggy Island in Sutton. Crawl through over 50 metres of twists and turns in a safe environment. Different tunnels will lead you through cracks and down shafts and into interconnecting chambers. On the way there will be light and dark areas, fossil bones and cave paintings to find and tight squeezes a plenty!

### **Cooking Courses - All Ages**

We have a number of different cooking courses running throughout the holidays, giving the children a chance to learn new skills and take home something yummy !!

### **Chocolate Making - Age 4 - 6 & Age 7+**

Sara Chapman Chocolates will be running these courses and each child will make a fabulous lolly and decorate with sweets. The children will then pipe a truffle filling into chocolate shells and then hand dip them in vats of milk, pink and white chocolate before decorating them with a variety of edible toppings.

### **Dry Slope Skiing - Age 8+**

A fantastic opportunity for all abilities, under the guidance of qualified coaches at Sandown Dry Ski Resort.

### **Easter Craft - All Ages**

Decorate 4 wooden egg cups in time for the family's boiled eggs during the Easter Weekend.

### **Father's/Mother's Day Surprise - All ages**

Courses creating the perfect gift for Dad/Mum. More info available on request !!

### **Fencing - Age 6 - 8 and Age 9+**

Cobham Fencing Club will be running sessions suitable for all abilities/age groups. Plastic swords will be provided for our younger children/beginners and foils for the more able/older children to try this sport which is excellent for hand eye co ordination.

### **Foot Golf - Age 6+**

Foot Golf is a combination of the popular sports of football and golf. Played with regulation No. 5 footballs you have to navigate tees, greens and deal with hazards to get the ball into 2 1/2 inch diameter holes in as few shots as possible, using only your feet. **Please note trainers must be worn for this course.**

### **Foto Focus - Age 8+**

During this 2 morning courses you will learn the basics of what does what on your camera, lighting, exposure and composing shots, together with how to apply the basics to your camera. **Please note: You will need to bring in your own digital camera for this course.**

### **Go - Ape Junior - Age 6+**

The New Chessington Tree Top Junior is aimed at adventurers aged 6+ years. The safety systems are designed so that participants stay attached the whole time they are in the trees and there is no need for them to move any safety lines. You'll negotiate crossings and finish on a high with an awesome zip wire! Minimum Height 1M.

### **Golf - Age 6+**

Our golf courses will be held at The Drift Golf Club. The lessons will cover all aspects of the golf game, including: putting, pitching, chipping, bunkers, full swing driving and on course play.

### **Gymkhana Day - Age 7+/ Horse Riding - Age 6+ /Pony Camp - Age 8+**

The children will muck out the stables, then groom and tack up their ponies before a morning ride. For those taking part in the full day courses, there will be a fun gymkhana with rosettes after lunch. This course will be open to all abilities of riders but, as with all riding courses, spaces are limited so book early to avoid disappointment.

**Please note:** Long trousers and appropriate footwear (wellington/riding boots) must be worn.

### **Mini Cyclists - All Ages**

This course will be for those just coming off stabilizers. Our Alice Holt cycle instructors will give further training to develop bike control skills.

### **Mini Crickets - Reception - Age 5 and Age 6 - 8**

Mini Crickets is a specialist cricket coaching company run by ex Surrey County Cricket Club squad coach Jon Albert and his team of experienced qualified coaches. Fun filled cricket sessions are designed to teach the basics of fielding, batting and bowling whilst in a safe and nurturing environment.

### **Mini Ringos & Sledging - Age 6+**

Excitement of the downhill variety at Sandown. Sliding downhill in mini inflatable doughnuts and sledges.

### **Off Road Cycling - Age 8+**

Our Alice Holt Cycling instructors will be running these courses, some mountain bike skills such as balance, corners, technical terrain and looking at drops/jumps.

### **Pirate Island Crazy Golf - Age 6+**

Pirate Island Adventure Golf is unlike any other crazy golf or mini golf course you have ever played. Spectacularly themed and festooned with obstacles including a huge pirate ship, streams, rafts, snakes and crocodiles this 18 hole putting adventure offers a proper challenge for young scallywags to old seadogs!

### **Pizza - All Ages**

Come and make a family sized pizza with your choice of toppings - so no need for a takeaway tonight!

### **Scuba Diving - DSD I/ DSD II - Age 8+**

DSD I is designed to introduce the children to scuba diving safety procedures before getting into the water and diving! This session is designed to be very relaxed and fun, an ideal introduction to scuba diving. DSD II course will expand upon their knowledge and experience gained on the first course. On the first day the children will cover diving theory refresher: setting up diving equipment; basic dive skills including regulator clearing; regulator recovery; mask clearing and octopus breathing, together with an introduction to buoyancy control. On the second day the children will continue with buoyancy control covering fin pivots, hovering and buoyancy games. Finishing with underwater photography; setting up the underwater camera, how it operates and taking photos.

### **Scuba Diving PADI Open Water Referral Course - Age 10+**

The PADI Open Water Referral Course is the first step to becoming a fully qualified Open Water Diver. This qualification allows you to dive anywhere in the world and is the ticket to some breath taking underwater experiences and adventures. The PADI Open Water diver course is run in 2 parts. The referral course completes the pool and theory section. Participants will read through the open water diver manual covering scuba diving theory and safety concepts, complete short knowledge reviews at the end of the section and watch a PADI DVD. The instructor will review the information in the classroom and at the end participants will complete a multiple choice final exam. In the pool, participants learn to set up and test their own equipment and then within 4 confined water sessions learn and practice all the skills necessary to become a qualified diver. The referral course prepares the participant for the final 4 qualifying dives which are completed in Open Water. These dives can be completed at any PADI centre in the world either as part of a family holiday, or in the UK. **Please note:** there will be a non-refundable deposit of £50.00 to book your place on this course to cover the cost of handbooks etc, which will be given prior to the start of the course. However, in the event of illness, this deposit may be transferred to a future course.

### **Sky Walk Adventure - Age 7+**

A new tree top adventure at Sandown, zip lines, tyre swings, barrel crawls and rickety bridges to traverse.

### **Stabilisers Off - All Ages**

Are you nearly able to ride your 2 wheel bike, but you don't have space to fall off or practice? Then come and try our special cycling mornings to perfect your balance. This course is suitable for reception upwards.

### **Tennis Coaching - Age 6+**

This Easter's course will be run by Amanda Beaumont and her team of coaches and are aimed at children aged between 6 - 13 years. The course will comprise instruction on basic techniques, practice drills, match-play, together with singles and doubles tactics appropriate to age and ability. In addition there will be plenty of fun games for all ages, with competitions on the final morning.

### **Tennis for Tinies - Reception & Year 1**

This course is designed for our youngest children, to help improve ball handling skills, confidence, coordination, agility, racquet and tennis skills through lots of games and fun exercises.

# Terms and Conditions



## Cancellation or Alteration

If you have to cancel or alter your booking for a Downsend+ day or a course at short notice (less than 7 days beforehand), we will usually be happy to transfer your booking to another day if space permits, but if not you will be charged the full rate for the session booked. In exceptional circumstances charges may be waived at the discretion of the Leaders of Downsend+. Please note separate cancellation charges apply to our Wednesday Summer Special days.

## Public Liability Insurance

Whilst they are taking part in activities on site or travelling in our minibus, the children are covered by our public liability insurance. Whilst under the supervision of outside tutors at off-site facilities, the children are covered by separate public liability insurances held by the various tutors, copies of which are held on file by Downsend+.

## First Aid

Several of our staff are qualified first-aiders and are trained to administer first aid assistance should your child require it. The emergency services will be called if further assistance is needed. Parents should ensure that any special requirements or allergies are notified on the medical section of the application form to ensure that appropriate treatment is given when treating their child.

## Medical Conditions and Treatments

Please note that it is a legal requirement under OFSTED guidelines for parents to leave clear, written guidelines and instructions for use with any medicines/inhalers or allergy treatments on arrival each day. Parents are also required to sign for the receipt of medicines on departure and to sign to acknowledge any treatments administered during the day. This also applies to First Aid treatments.

## Data Protection

The school (through the Head, as the person responsible) may, in accordance with the Provisions of the **Data Protection Act 1998** obtain, process and hold personal information about your child, including sensitive information such as medical details, in order to safeguard and promote the welfare of the child. The school may contact you from time to time for the purpose of providing information about Downsend+ and its activities. Unless we are informed in writing otherwise, all correspondence, including booking confirmation & invoice, will be sent to the email address provided on the contact form.

## Minibuses and Off-Site Trips

In signing up your child for an off-site trip, please be aware that you are authorising Downsend+ staff to take them off the Downsend premises. All transport used for such trips will be fully fitted with seat belts.

## Timetable Changes

In the event of poor weather, or other factors which may arise which are beyond our reasonable control, the programmes may be subject to alteration or rearrangement. We reserve the right to cancel courses which are under-subscribed, and will notify parents as soon as possible of any such cancellations or significant amendments.

## Transfer from Courses to Downsend+ Day

If a child decides to transfer from a course to the Downsend+ day, you will still be charged the full rate for the course. The difference between the cost of the course and the cost of the Downsend+ day will show as a cancellation charge on your invoice.

## Photography

During the activity scheme, some photographs may be taken which may be used in future publications including our website, social media sites including Facebook and Twitter. If you do NOT wish your child's image to be used in this way, please let us know. Please note that names will not be used in any publicity adjacent to photographs of children.

## Drop Off and Collection Arrangements

Drop off in the morning is at 9.00 am at the Turret entrance. An Early Start option is available from 8.00 am, but this must be booked in advance so that proper staffing can be arranged. If you are unable to collect your child/children yourself, please let the Downsend+ staff know who will be collecting them, for security reasons. Your child may be collected at any time up until 5.30 pm, but if collection is after 5.30pm, for any reason, an automatic charge of £20.00 will be made. If your plans change during the day, please contact Downsend+ on 07909 861280 to advise us of alternative arrangements for collection. Collection will be at 1.00 pm after a morning session or course, or at 4.00 pm. There is then an additional charge for the late session from 4.00-5.30 pm, should parents require it, but this must be booked in advance so that proper staffing can be arranged. If for some reason you need to collect your child/children at any other time, please contact the Downsend+ direct line shown below to let staff know when you will arrive. The school is a secure site during the activity scheme, so all external doors and gates will be locked except at the normal drop-off and collection times shown above.

## Early Drop-Off and Late Collection Charge

Please note morning registration is at 9.00 am unless your child is booked in for breakfast. If you sign your child in before 8.45 am you will be charged the early start rate in full. Likewise collection at the end of the day is at 4.00 pm. If you collect your child after 4.15 pm, the late collection charge will be levied although we will provide your child with tea. **A late collection charge will be made when children are collected after the time booked or after 5.30pm.**

## Exclusion

We reserve the right to exclude or refuse any child prior to or during the holiday if in our opinion the presence of that child is incompatible with the wellbeing of others on the scheme. Bullying and poor behaviour will be dealt with appropriately as soon as it is reported. Any additional cost incurred by Downsend+ as a result of any exclusion or refusal, including damage or transport home, will be borne by parents or guardians, and no refund will be made.

## Complaints Procedure

Downsend+ will do everything in its power to provide the best possible standard of care and service at all times. If however you are not satisfied with the service that you or your child have received, please contact the Leader of Downsend+. Rebecca Peek, on the Downsend+ direct line 01372 385403/07909 861280.