

Pre-Prep Epsom Menu 1 (W/b 17.4.17, 8.5.17, 5.6.17, 26.6.17)

MONDAY

Main hot meal

Jacket Potato with
Cheese & Beans
Crudities

Vegetarian option

As above

Dessert

Toffee Sponge Custard
Fresh Fruit

TUESDAY

Main hot meal

Pasta Bolognaise
Garlic Bread
Broccoli & Crudities

Vegetarian option

Lentil Bolognaise
Garlic Bread
Broccoli & Crudities

Dessert

Flapjack
Fresh Fruit

WEDNESDAY

Main hot meal

Roast Chicken, crispy
roast potatoes,
seasonal vegetables
with homemade gravy

Vegetarian option

Quorn fillet

Dessert

Homemade cookies

THURSDAY

Main hot meal

Cottage Pie, Green
Beans & Gravy

Vegetarian option

Vegetable Pie, Green
Beans & Gravy

Dessert

Ice cream

FRIDAY

Main hot meal

Breaded Fish, chips and
peas
Homemade Bread

Vegetarian option

Macaroni Cheese with
Salad

Dessert

Fruity Friday