

COGNITA
TEACHING EXCELLENCE



DOWNSEND
SCHOOL

SUN PROTECTION POLICY

July 2017

KEY FACTS:

To promote among children, staff and parents a positive attitude towards skin protection with lifestyle practices that can help reduce the incidence of ill health through uncontrolled exposure to UV rays.

OBJECTIVES: Through guidance, School facilities, supervision and information to raise awareness regarding sun protection measures to prevent unnecessary exposure to UV rays. Enjoying the sun safely, while taking care not to burn, can provide all the benefits of vitamin D without raising the risk of risk of skin cancer.

HEALTH FACTS: Skin cancer is one of the most common cancers in the UK and the number of cases is rising at an alarming rate. Limiting exposure can prevent and minimise the risk, which is particularly important for younger, delicate skin that can be easily damaged.

SCHOOL PROCEDURES: The School's aim is for staff and children to enjoy the sun safely by implementing suitable control measures, particularly at peak periods of the year. This will be achieved by:-

- ✓ continual review of existing facilities to ensure suitable shading is provided in key areas;
- ✓ the ongoing provision of information through curricular activities;
- ✓ guidance frequently issued to parents/carers regarding suitable clothing to be provided and procedures for the application of sun screen;
- ✓ ensuring outdoor activities are conducted in shaded zones where possible;
- ✓ asking children to wear hats that protect the face, neck and ears when they are outside;
- ✓ keeping our youngest children inside or dedicated shade areas during the danger time between 11am – 3pm when the sunlight is strong
- ✓ ensuring consistent procedures during off-site School activities and events

THE SUNSMART SMART CODE:

Stay in the shade between 11am and 3pm

Make sure you never burn

Always cover up with suitable clothing, hat and sunglasses

Remember to take extra care with children

Then use at least factor 15+ sunscreen

Sun Protection Policy

Ownership and consultation	
Document sponsor (role)	Andy Moorhouse
Document author (name)	Melissa Jones
Specialist Legal Advice	
Consultation	

Compliance	
Compliance with	Control of Substances Hazardous to Health Regulations 2002 National Institute for Clinical Excellence guidelines for skin cancer protection 2011

Audience	
Audience	Heads, H&S Co-ordinators

Document application	
England	Yes
Wales	Yes
Spain	No

Version control	
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Related documentation	
Related documentation	H&S Policy

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Name of reviewer	Helen Ferguson
Date of next review	3 July 2018