



DOWNSEND SCHOOL

Sports Bulletin

22 March 2018



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Welcome from the PE and Sport Department

Please continue to send your children's personal sporting highlights out of school. As ever we are keen to celebrate all their successes. Please email details and any images to editor@downsend.co.uk

Please keep an eye on www.schoolssports.com for team sheets and match results. Follow us on Twitter @DownsendSport.

Howard Roberts & Marie Seivewright

Swimming



Surrey Schools Girls Freestyle Relay Champions - 3rd Year in a Row!!

The past few weeks have been very busy for the Downsends swimmers. Lots of hard work and training has been the focus in squad sessions for many of the forthcoming big competitions.

Saturday saw the boys and girls from Years 5 & 6 head to the Guildford Spectrum for the Surrey round of the Primary Relay Championships.

The event comprises of Relay's, both Medley and Freestyle. In the past there have been heats and finals on the day, with the top 2 teams qualifying for the South East Round. This year there were no finals so the importance of the changeovers and swimming fast in the heats to ensure we had a fast time was even more key to qualifying for the next round.

First up were the medley relays, the girls were first to compete. Having watched the first two heats we knew we would have to swim fast to beat the fastest times. The girls swam extremely well, securing the second best time from that heat and the silver medals. And so on to the boys medley team, with sheer determination and a hunger for a top 3 placing the boys swam extremely well with safe changeovers securing a bronze medal position.

Next up were the Freestyle relays. Both boys and girls teams were now even more medal hungry and determined to put out a strong performance. Both teams were determined to better their medley result and swam hard, with each changeover and much cheering from the gallery and poolside, the girls finished strongly in the heat, behind local rivals St Teresa's by .04 of a second. We waited nervously as the judges were discussing the changeovers whilst the boys went into their swim. The boys once again swam extremely well finishing in a very respectable 4th position. We waited nervously and patiently for the final results for the girls as it was clear there had been some disqualifications in our heat. As the results were already out and our school name was announced in Gold medal position, naming us as Surrey Champions for the 3rd year in a row, the delight was clear to see on both the girls and parents faces, I was relieved that we weren't disqualified!!

A great evening of swimming by all the competitors and it is great to have all 2 (potentially more) teams progress to the next round. Well done to all who took part and a huge thank you to the parents for your continued support.

Boys Team – Noah B-H, Thomas U, William E, Teddy G and Angus W

Girls Team – Elizabeth H, Lauren B, Ines M, Alice U and Megan R

The next round is the South East Regional Round on Saturday 12th May at Spectrum, Guildford.

Miss Seivewright

Biathlon



British Schools Modern Biathlon Championships

17 biathletes, from years 5 to 8, qualified for the National Finals of the British Schools' Modern Biathlon Championships.

This saw them head to a snowy Crystal Palace National Sports Centre to compete in the final competition of the season, having made it through the previous qualification rounds. It was an early start for the both the girls and boys on Saturday and Sunday morning respectively, who were full of anticipation for an

eventful, yet testing day.

Upon arrival on Saturday morning the biting wind could be felt across the track and the snow was starting to fall again. The U10 girls were up first on the track and despite the conditions they bravely fought to get round and complete their run. Although there were a few tears the girls got through the run and headed indoors to warm up. The conditions failed to improve for the rest of the girls but I was extremely impressed with their determination to carry on.

Whilst some age groups were freezing outside others were participating in the swim section of the competition. For some swimming in a 50m pool was a first but after the warm up they knew exactly how they were going to swim their race and a number of PB's were achieved!

Congratulations to the U12 Girls Team who were placed 4th, taking home some fantastic trophies.

Sunday saw the boys head over to Crystal Palace, this time to be confronted with a completely covered track and even icier conditions than Saturday! As we gathered in the registration hall there were talks of the run being cancelled as track inspections were taking place. Following the inspection the track was deemed unsafe to run on and the run section was cancelled. The boys now knew that all they had to focus on was the swim. They needed to give 110% in the pool! The run times from previous rounds were being used to determine the final result.

Once the results were published we were delighted that the U10 boys team were awarded 5th place and Angus W finished 5th individually.

Just before I left the centre I doubled checked a few points with the results and noticed that one of our run times had been recorded incorrectly. After a brief discussion with the competition manager this was rectified and we were promoted to 3rd place, gaining the bronze medals.

At the presentations the gentleman announcing described us as the 'legendary Downsend!' This was great to hear and to know that we are recognised as being a very successful school in the field of biathlon. Looking back over results from the past 10 years it is a pleasure to report that we have always been in the Top 10 at National Finals with either an individual or team. For 9 out of the 10 years we have had a team or individual in the Top 3! This is a fantastic record for the school and for me personally it has been a pleasure to watch the children enjoy the event, whether it is at a Regional competition or National final.

So, who is joining us next year?

Thank you to the parents for their support on the day and throughout the entire competition. For full results, please see the GB Pentathlon website.

Miss Seivewright

Netball



Hawthorns Netball Versatility Tournament

On Wednesday the Year 8 girls attended the annual Hawthorns Versatility Tournament. The tournament is unique in its format as initial positions on the court are randomly selected by the organisers. Every time a goal is scored, players from both teams must return to their starting positions, take their bibs off and rotate one place up the court to the next position.

Our first match against was against St Teresa's. This was an incredibly close match, where the girls needed to acclimatise to changing positions, which seemed to increase the pace of the game. The final score was a 5-4 defeat. Our next match was against unknown opposition that seemed to be fielding a team of seven shooters! However, the girls fought hard and kept Lingfield within our grasp until the last centre where Lingfield pulled ahead to win 7-6.

With two losses behind us the girls faced Feltonfleet. Again the fast pace of the game kept us buoyant and we secured our first win, 4-3. Having already played 3 matches in succession the girls had really adapted to their changing roles and played an outstanding game against Hawthorns, to record a 7-0 win.

After a well-earned rest our next match was against old rivals Danes Hill. In our break we had watched them play and knew that we had a close match on our hands. Scoring went with the centre pass and we finished with a 5-4 win. The final game was against Hall Grove, a formidable opposition who have a strong reputation. The girls didn't let that affect their play and they rose to the challenge, winning 7-4.

As we assembled for the presentation the girls were in high spirits, feeling they had played well and thoroughly enjoyed their afternoon of Versatility Netball. As the results we announced the girls realised they were in with a chance of a medal. A tense few minutes ensued and we were announced as silver medallists.

A fantastic achievement by the girls after a tough season. Well done girls. It has been a pleasure coaching you, and I wish you every success in the future.

Mrs Hawes

Team comprised Amelia T, Francesca T, Eve J, Lauren D, Kitty S, Lucy P, Rylie H, and Katie M.

Rugby



U13 1st VII

As spring has approached and then been rudely interrupted by 'The Beast from the East', it has been a pleasure to be involved with the 1st VII as they entered on to a very competitive rugby sevens circuit. As a school we endeavour to provide a great range of opportunities for our pupils and during the sevens season we aim to provide our boys with a chance to experience playing a wide range of new opponents at venues they aren't always used to. This team has embraced these opportunities and the boys have played some great sevens whilst also taking great enjoyment from their tournament days as well.

The season started at the most local tournament we could possibly find at the CLFS U13 Invitational 7's Tournament. The boys took a bit of time to adapt from their full-sided match tactics to the new world of sevens. When we did get going, there were a number of great performances. We won our initial groups with convincing wins over CLFS, Bro Eden (a Welsh school who had travelled all the way for the tournament) and Sevenoaks. This put us into the highest seeded group with KCS Wimbledon and Portsmouth Grammar School. Both of these teams were fantastic and proved too strong for the Downsend boys. As well as playing with skill, Portsmouth Grammar School were also the physically biggest team I have had the pleasure of watching in my time at the school.

The Saturday after Freeman's came the much anticipated trip to Somerset to play in the Millfield School U13 Sevens Festival. This was a great opportunity to test ourselves against some strong opposition and play at one of the best venues in schools' rugby. The boys started slowly against an impressive Bromsgrove side who went on to finish second. The boys found their feet in the second half and scored, looking competitive for the final few minutes. We followed this with a much improved performance against Llandaff Cathedral School. We won 15-10 and showed ourselves to be organised and powerful in attack. We then struggled to support our attackers as we lost 0-20 against a well drilled Caldicott side. Having now been placed in the third seeded group and we enjoyed a superb end to the afternoon. A dominant performance against Monmouth saw the Downsend boys winning 20-0. After this, a 'back and forth' 25 all draw against Port Regis was next. Our next match was equally close as we won the match and the group on the last play of the game with Fraser powering through almost their entire side to score the decisive try in a 15-10 win. We collected the Tim Taylor Vase for our efforts and the boys enjoyed a celebratory stop at a well-known burger outlet on the journey home to celebrate.

Last Wednesday we had our penultimate tournament at St John's Northwood in Middlesex, before the Rosslyn Park Nation 7's. Again the boys played some superb rugby throughout the day. We started with a win against UCS, starting slowly but dominating the second half to finish as comfortable winners. We then rather gave away a match we should have won against host team St John's Northwood. Slow to react to penalties and free kicks and we were twice caught napping which allowed them to win 25-20. Following this, we recorded our most pleasing victory of the season, beating a strong Moulsham side - 15-10 who had just beaten St John's Northwood themselves by six tries. Superb discipline, tackling and some well taken attacking moves proved how strong we can be. This left us second in the group and facing Caldicott for the second time in the season. We put in a much better performance, rucking with more accuracy and scoring two tries as we lost 10-20.

All the boys who have played have learnt about this fantastic version of rugby and developed a greater understanding of what it entails. The experiences gained will prove both useful in any sevens they play in the future but also going forward with all their rugby. We look forward to Friday's Rosslyn Park National School Sevens tournament and I am excited to see the culmination of all of the boys' hard work. Thank you to the boys for their efforts this season and also to their parents for their constant support through the season.

Mr Thompson

Squad from: Fraser L (Capt), Oscar A, Oliver C, Tom D, Lukas E, Oliver G, Marco H, Roman H, Teddy K, Jonny P, Tate S, Ethan S, George T

Team Sheets

All team sheets are posted on the schools sports website at least 2 days in advance of the scheduled matches. Please do check through the calendar to see when all matches are for your son/daughter's year group. It is common practice that they are predominately on the same afternoon but on occasions this may differ.

The link to the Downsend home page is [here](http://www.schoolssports.com/school/?id=958) - <http://www.schoolssports.com/school/?id=958>
Alternatively you can click on the link at the top of the Downsend website.

Once you are in the website you can either select the team by the calendar option or by the sport that is needed. A small icon that looks like a little blue man will appear if the team sheet has been added. This provides all the information that will be needed for the match.

Don't forget you will now need the password to access the team sheets.

Pick up from practices

Just a quick reminder that all boys and girls must be picked up from the location of the practice by an appropriate adult. Children will not be able to leave to meet parents/carers at any other location.

Match Results

Rugby

U10A	Shrewsbury House	Won
U10B	Shrewsbury House	Drew
U10C v C	Shrewsbury House	Lost
U10C v D	Shrewsbury House	Won
U10D v E	Shrewsbury House	Lost
U10D v F	Shrewsbury House	Lost
U7A	Cumnor House	Lost
U7B	Cumnor House	Won
U7C	Cumnor House	Won
U7D	Cumnor House	Won
U7E	Cumnor House	Won
U7F	Cumnor House	Lost

Netball

U10A	Danes Hill	Won
U10B	Danes Hill	Won

Other Sporting News



EVO HOCKEY

Reigate Easter Camp
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The advertisement features a photograph of a young male hockey player in a maroon jersey and blue shorts, running on a green artificial turf field. In the background, a blue fence with 'REIGATE GRAMM' is visible. The text is arranged in a dark blue box on the left, with a promotional code in a small box on the right.



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5-6 April 2018
 Purley Walcottians HC
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£65 1 day £110 2 days

World-class camps with international coaches from around the globe



Beginner to High Performance Training Groups
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5% off until 16 March
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EV05

evo-hockey.com/bookings





COLTS CAMP

SCHOOL YEAR 6 TO YEAR 9

09A,10A,11A

10.00 - 16.00

3 DAY - £33
 2 DAY - £25
 1 DAY - £20

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ACADEMY CAMP

SCHOOL YEAR 1 TO YEAR 5

13A,14A

10.00 - 16.00

3 DAY - £25
 1 DAY - £20

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WWW.SHCCAMPS.COM



Surbiton Colts



@surbitonHCCOLTS



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Next Week @ Downsend

Please see a list of next week's fixtures at www.schoolsports.com

Sports Notices

[Team Selection Policy and Sport for All](#)

[Schools Sports Website](#)

[Sports Fixture Line](#)

[Parents' Swimming](#)

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