



Please continue to send your children's personal sporting highlights out of school. As ever we are keen to celebrate all their successes. Please email details and any images to <a href="mailto:editor@downsend.co.uk">editor@downsend.co.uk</a>

Please keep an eye on <a href="https://www.schoolssports.com">www.schoolssports.com</a> for team sheets and match results. Follow us on Twitter @DownsendSport.

Howard Roberts & Marie Seivewright

# **Inter-house Swimming**





#### **Inter House Swimming**

The last few weeks have seen the Inter House Swimming Gala's take place rounding off the swimming for all the year groups with the exception of Years 7 & 8 who completed theirs before Christmas.

Year 5 were the first year group to take to the pool where Ranmore were victorious. The next week Year 3 participated in their gala and Norbury emerged the winners. It was great to see the enthusiasm of all the pupils alongside the fantastic progress that has been made this year.

As we headed into the penultimate week of term Years 2 and 4 took to the pool. All houses were fighting for the overall title which at the start of the week could have gone to any of the houses. In Year 4 Norbury gained another win. As we headed to the end of the week the Year 2's were ready for their gala. The supporters for this gala attended in record numbers with not a spare seat in the house. Yet again Norbury took another overall win adding to the points tally.

The final gala of 2018 was closely fought by the children from Year 6. After some fantastic swimming displayed in the Individual Medley events we moved to the rest of the programme. There were some extremely close races and it was fought out between Headley and Ranmore throughout the gala. Some excellent swims from all the houses saw the eventual winners Headley edge ahead in the points.

The boys and girls should all be extremely proud of everything they have achieved with their swimming and long may it continue.

The overall winners this academic year for the swimming gala's was Ranmore, beating Norbury by just 1 point!

Don't forget – "if you're not getting wet, you aren't scoring points!"

Well done all.



## **Swim Squads**

### **Girls Squad**

The girls have had a mixed set of results this year. The Autumn term saw us get off to a good start with a convincing win in a mixed gala against Feltonfleet. With a full few weeks of training before our next gala, the girls used the time well to practice their starts and take overs as well as focusing on the stroke technique.

The term saw us take on Rowan, St Catherine's and CLFS. With 2 wins and 1 loss the girls were determined as we headed into the Christmas break.

The Spring term holds a number of Regional gala's take place alongside the usual inter school fixtures. Knowing St Teresa's was going to be one of our toughest matches we put out a strong team. Despite our best efforts we were narrowly defeated. Our next match against Notre Dame was only for the younger age groups. Despite swimming extremely well the girls were beaten. Other matches against Feltonfleet, CLFS and Danes Hill saw a number of mixed results.

With success in the Guildford High School Gala and the Surrey Round of the English Schools Primary Relay Championships, the girls should all be very proud of their achievements and progression as a squad.

We eagerly await the IAPS results after the Easter break.

I would personally like to thank all the girls for their hard work and dedication to training. You have all been a pleasure to work with and I look forward to more of the same next year.

Thanks to Mrs Crow and Miss Wilby for their support poolside.

#### **Full Gala Results**

#### **Autumn Term**

Feltonfleet (Mixed) Won 158 - 102 Rowan Lost 105 - 135 St Catherine's Won 121.5 - 118.5 CLFS Won 410 - 316

### **Spring Term**

St Teresa's Lost 194 - 220 Feltonfleet (Mixed) Won 197 - 123 CLFS (Mixed) Won 702 - 590 Notre Dame Lost 102 - 138 Danes Hill Lost 183.5 - 216.5 Danes Hill (Mixed) Won 193 - 147

Miss Seivewright

### **Boys Squad**

This has been a great year of swimming for every boy in the squad, topped off by the feat that they have won every one of their inter-school matches. Building upon this success, many of the team have gone on to take part in the IAPS regional trials, in addition to achieving high placings in the regional and National Biathlon events.

Each Friday evening through the winter terms, the boys have worked hard on their swimming techniques and levels of fitness, striving to improve their performances across the range of strokes. They have been brilliant, showing enthusiasm and determination and always being ready to take on any advice and coaching points which would assist them further. This, together with the great teaching of Miss Seivewright and Mr Thompson has made these sessions such a pleasure to run. When there has been a swimming fixture, Miss Seivewright has made it her objective to swim every boy, whenever possible, to give them the experience of competition. To balance this with the aim of winning the match has been a real feat for her and the squad.

The boys have had many opportunities and my thanks go to an excellent group of boys in Year 8 who have demonstrated to all, in training, specific details of swimming strokes, diving, preparation and racing during the squad nights. In addition, they have also used their initiative to organise and helped the junior swimmers at galas whilst offering maximum effort in their own performances. This has been a great year and the whole squad, led by an outstanding captain in Oliver C, should be proud of their efforts, supporting each other and always doing their utmost to achieve the best possible results. Well done and thank you to all!

#### **Full Gala Results**

#### **Autumn Term**

Feltonfleet (Coed) - Won 158 - 102 CLFS (Boys) - Won 230 - 168 Danes Hill (Boys) - Won 208 - 192 Cranmore (Boys) - Won 199.5 - 196.5 King's College (Boys) - Won 208 - 192

### **Spring Term**

Feltonfleet - (Coed) - Won 197 - 123 CLFS (Coed) - Won 702 - 590 Parkside (Boys) - Won 230 - 168 Danes Hill (Co ed) - Won 193 - 147

Mr Roberts

### **Team Sheets**

All team sheets are posted on the schools sports website at least 2 days in advance of the scheduled matches. Please do check through the calendar to see when all matches are for your son/daughter's year group. It is common practice that they are predominately on the same afternoon but on occasions this may differ.

The link to the Downsend home page is <a href="here">here</a> - <a href="http://www.schoolssports.com/school/?id=958">http://www.schoolssports.com/school/?id=958</a> Alternatively you can click on the link at the top of the Downsend website.

Once you are in the website you can either select the team by the calendar option or by the sport that is needed. A small icon that looks like a little blue man will appear if the team sheet has been added. This provides all the information that will be needed for the match.

# **Pick up from practices**

Just a quick reminder that all boys and girls must be picked up from the location of the practice by an appropriate adult. Children will not be able to leave to meet parents/carers at any other location.

## **Match Results**

## Rugby

U9A	Rokeby	Won
U9B	Rokeby	Won
U10A	Rokeby	Drew
U10B	Rokeby	Lost

### Netball

1 <sup>st</sup>	Danes Hill	Won
2 <sup>nd</sup>	Danes Hill	Lost
3 <sup>rd</sup>	Danes Hill	Lost
4 <sup>th</sup>	Danes Hill	Lost
U10A	St Teresa's	Lost
U10B	St Teresa's	Lost

# **Other Sporting News**



Congratulations to Alice U (Year 5) who competed in the Guildford Regional Qualifier at the weekend. It was two full days of racing and a very competitive field.

Alice won 1 Gold, 3 Silver and 2 Bonze Medals. Well done!

200M Breast - Gold

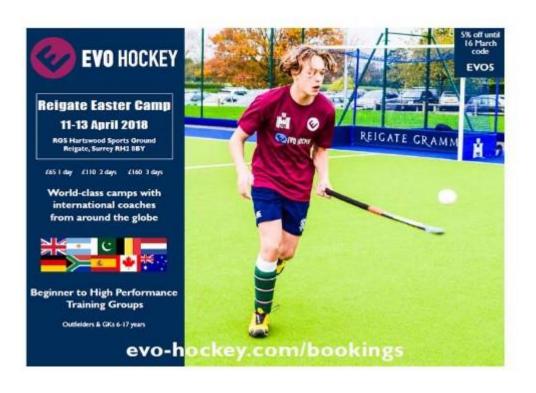
100M Back - Silver

200 IM-Silver

200M Freestyle – Silver

100M Freestyle – Bronze

100M Breast – Bronze





















To register and for more information, please contact Lisa Jalland on epsomgirlscricket@gmail.com www.colts.epsomcricketalub.co.uk



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## **Next Week @ Downsend**

Please see a list of next week's fixtures at www.schoolssports.com

# **Sports Notices**

Team Selection Policy and Sport for All

Schools Sports Website

**Sports Fixture Line** 

Parents' Swimming

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