

FACTS

- ◆ Our three menus are rotated weekly
- ◆ Our menus change every term
- ◆ Our menus are nutritionally balanced
- ◆ Fresh produce is delivered daily
- ◆ We use top quality suppliers
- ◆ Our qualified chef cooks on the premises
- ◆ We cater for special dietary requirements
- ◆ Please note, menu can be subject to change

Our School Lunches encourage & develop

- Social skills
- Excellent table manners
- Confidence to try something new
- A healthy approach to eating

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DOWNSEND
PRE-PREP SCHOOL
— Leatherhead —

LUNCH MENU



Autumn Term

2018

Week One

Monday

Pasta with a tomato and Basil sauce and sweetcorn

Homemade fresh bread

Sponge cake with icing and fresh fruit

Tuesday

Garlic and Herb chicken with rice and green beans

Homemade fresh bread

Vegetarian option available

Strawberry jelly and fresh fruit

Wednesday

Roast gammon, roast potatoes, carrots and peas

Vegetarian option available

Yoghurts and fresh fruit

Thursday

Spaghetti Bolognese with broccoli

Homemade garlic bread

Vegetarian/dairy free option available

Ginger biscuits and fresh fruit

Friday

Fish cakes, chips and baked beans

Homemade fresh bread

Vegetarian option available

Chocolate cake with chocolate sauce and fresh fruit

Week Two

Monday

Macaroni Cheese pasta with peas

Homemade fresh bread

No dairy option is pasta in a tomato and herb sauce

Flap jacks and fresh fruit

Tuesday

Sausages with mash potato and baked beans

Vegetarian option available

Shortbread biscuits and fresh fruit

Wednesday

Roast chicken, roast potatoes, green beans and sweetcorn

Vegetarian option available

Chocolate whip and fresh fruit

Thursday

Meatballs in a tomato sauce and pasta with peas

Vegetarian option available

Homemade garlic bread

Yoghurts and fresh fruit

Friday

Breaded cod, seasoned wedges and sweetcorn

Vegetarian option available

Homemade fresh bread

Cake surprise and fresh fruit

Week Three

Monday

Pasta in basil and tomato sauce and peas

Homemade fresh bread

Lemon cake and fresh fruit

Tuesday

Chicken burgers, season wedges and sweetcorn

Homemade fresh bread

Vegetarian option available

Yoghurts and fresh fruit

Wednesday

Roast gammon, roast potatoes, carrots and green beans

Vegetarian option available

Strawberry mousse and fresh fruit

Thursday

Spaghetti Carbonara and peas

Vegetarian option available

Homemade fresh bread

Chocolate cake and fresh fruit

Friday

Fish fingers, french fries and sweetcorn

Vegetarian option available

Homemade fresh bread

Jam sponge with custard and fresh fruit