

## THIS WEEK'S MENU

**Week One** 

MONDAY	TUESDAY	WEDNESDAY	GLOBAL THURSDAY	FUNKY FRIDAY
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
<b>Main</b> Sausage and mash with onion gravy	Main Beef taco bar served with guacamole, sour cream & homemade cheesy salsa	<b>Main</b> Roast turkey with baby roast potatoes & gravy	<b>Main</b> Soy and honey glazed chicken with egg noodles & prawn crackers	<b>Main</b> Beef burger with skinny fries
<b>Vegetarian</b> Vegetarian sausage and mash	<b>Vegetarian</b> Quorn chilli taco bar	<b>Vegetarian</b> Red onion feta tart with rocket salad	<b>Vegetarian</b> Stir fried soy & ginger tofu with egg fried rice	<b>Vegetarian</b> Homemade bean burger
<b>Vegetables</b> Steamed Savoy cabbage Green beans	Vegetables Sweetcorn & roasted peppers	<b>Vegetables</b> Carrots & peas	<b>Vegetables</b> Pak choi & steamed broccoli	<b>Vegetables</b> Boston beans & peas
<b>Dessert</b> Apple crumble & custard	<b>Dessert</b> Chocolate iced fingers	<b>Dessert</b> Billionaire shortbread	<b>Dessert</b> Exotic fruit salad bar	<b>Dessert</b> Jelly
	Weeks commencing 3 Septemb	er, 24 September, 15 October,	19 November and 10 December	r





## THIS WEEK'S MENU

**Week Two** 

MONDAY	TUESDAY	WEDNESDAY	GLOBAL THURSDAY	FUNKY FRIDAY
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
<b>Main</b> Pork escalope served with nut free pesto pasta	<b>Main</b> BBQ glazed chicken served with oven roasted potato wedges	<b>Main</b> Roast beef with yorkies and mini roast potatoes	<b>Main</b> Japanese chicken katsu served with sticky jasmine rice	<b>Main</b> Fish and chips
<b>Vegetarian</b> Creamy wild mushroom filo pie	<b>Vegetarian</b> Spinach feta and sunblush tomato pasta	<b>Vegetarian</b> Roasted squash jambalaya	Vegetarian Roasted pepper and mozzarella crostini	<b>Vegetarian</b> Sweet potato and courgette fritter with Cajun slaw
<b>Vegetables</b> Roasted tomatoes Peas	<b>Vegetables</b> Big leaf salad Roasted corn	<b>Vegetables</b> Broccoli Carrots	<b>Vegetables</b> Pickled Japanese vegetables Green beans	<b>Vegetables</b> Peas Beans
<b>Dessert</b> Coconut jam slice	<b>Dessert</b> Banoffee pie	<b>Dessert</b> Chocolate brownie	<b>Dessert</b> Exotic fruit salad bar	<b>Dessert</b> Crispy cornflake cake





## THIS WEEK'S MENU

**Week Three** 

MONDAY	TUESDAY	WEDNESDAY	GLOBAL THURSDAY	FUNKY FRIDAY
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
<b>Main</b> Portuguese chicken prego slider	<b>Main</b> Beef lasagne	<b>Main</b> Honey glazed gammon with gravy, roast potatoes and cauliflower cheese	<b>Main</b> Lamb rogan josh served with poppadums and pilau rice	<b>Main</b> Downsend southern fried chicken served with chunky chips
<b>Vegetarian</b> Haloumi prego slider	Vegetarian Flat mushroom stuffed with Mediterranean vegetables	<b>Vegetarian</b> Homemade falafel with tatziki and flat bread	<b>Vegetarian</b> Cauliflower and spinach lentil dahl	<b>Vegetarian</b> Mature cheddar and tomato omelette
<b>Vegetables</b> Big leaf Sweetcorn	Vegetables Crispy iceberg salad Roasted peppers	<b>Vegetables</b> Cabbage	Vegetables Sag aloo Lightly spiced roasted cauliflower	<b>Vegetables</b> Peas Mixed vegetables
<b>Dessert</b> Carrot cake	<b>Dessert</b> Strawberry mousse	<b>Dessert</b> Chocolate sponge with vanilla icing	<b>Dessert</b> Exotic fruit salad bar	<b>Dessert</b> Crispy cornflake cake
	Weeks commencing 17	September, 8 October, 12 Nov	vember and 3 December	

