



MONDAY

Soup of the day

Main

Chicken and mushroom
stroganoff
rice

Vegetarian

Wild mushroom stroganoff
Rice

Vegetables

Buttered new potatoes
Green beans

Dessert

Rice pudding

TUESDAY

Soup of the day

Main

Mac n cheese pasta bake
served with crispy bacon
Garlic bread

Vegetarian

Wholemeal creamy tomato
pasta bake
Garlic bread

Vegetables

Sweetcorn
Roasted peppers

Dessert

Sticky toffee pudding with
toffee sauce

WEDNESDAY

Soup of the day

Main

Roast chicken
Baby roast pots
Gravy

Vegetarian

Char-grilled Haloumi served
with roasted vegetables

Vegetables

Savoy cabbage
Glazed carrots

Dessert

Shortbread

GLOBAL THURSDAY

Soup of the day

Main

Crispy chilli beef
Rice or Noodles
Prawn crackers

Vegetarian

Singapore Noodles

Vegetables

Stir fried pak choi

Dessert

Fruit salad

FUNKY FRIDAY

Soup of the day

Main

Fish and chips
Using sustainable Pollock

Vegetarian

Homemade Butter bean
falafel
Chunky tomato salsa

Vegetables

Peas
Baked beans

Dessert

Rice crispy cake

Alongside this menu there are daily fresh fruit & yoghurt, sandwiches and wraps on offer as well as a pasta bar/jacket bar with bolognese, tomato sauce and beans



MONDAY

Soup of the day

Main

Creamy chicken and
sweetcorn pie

Vegetarian

Chunky Quorn and
sweetcorn pie

Vegetables

Carrots
Steamed new potatoes
Braised red and white
cabbage

Dessert

Steamed chocolate sponge
With white chocolate sauce

TUESDAY

Soup of the day

Main

Mexican Beef stew
Rice,tacos,sour cream and
guacamole

Vegetarian

Three bean chilli
Rice tacos,sour cream and
guacamole

Vegetables

Roasted corn and peppers
Big leaf salad

Dessert

Apple and cinnamon
crumble with custard

WEDNESDAY

Soup of the day

Main

Roast pork
Roast baby potatoes
Gravy

Vegetarian

Roasted pepper stuffed with
brown rice and Feta cheese

Vegetables

Roasted new pots
Green beans
Sautéed courgettes

Dessert

Chocolate mousse

GLOBAL THURSDAY

Soup of the day

Main

Downsend chicken Katsu
Sticky rice
Curry sauce

Vegetarian

Yasi Yaki Soba
Japanese inspired noodle stir
fry

Vegetables

Pickled Mooli
Peas

Dessert

Fruit salad

FUNKY FRIDAY

Soup of the day

Main

Beef Burger served in a soft
bap with cheese and skinny
fries

Vegetarian

Vegetarian burger served in
a soft bap with cheese and
skinny fries

Vegetables

Mixed vegetables
Boston beans

Dessert

Flapjack

Alongside this menu there are daily fresh fruit & yoghurt, sandwiches and wraps on offer as well as a pasta/jacket bar with bolognese,tomato sauce and beans



MONDAY	TUESDAY	WEDNESDAY	GLOBAL THURSDAY	FUNKY FRIDAY
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Sausage and mash Onion gravy	Main Cottage pie	Main Roast turkey Roast new potatoes Gravy	Main Brooke's Chicken Korma Pilau rice Popadoms	Main Downsend sticky glazed chicken served with chunky chips
Vegetarian Vegetarian sausage and mash Onion gravy	Vegetarian Quorn cottage pie	Vegetarian Welsh rarebit With tomato chutney	Vegetarian Pumpkin and spinach Korma Pilau rice Popadoms	Vegetarian Spanish omelette
Vegetables Peas Carrots	Vegetables Sweetcorn Green beans	Vegetables Savoy cabbage Broccoli	Vegetables Saag aloo Lentil and cauliflower Dhal	Vegetables Roasted corn Baked beans
Dessert Chocolate rice pudding	Dessert Jam roly poly with custard	Dessert Victoria sponge	Dessert Fruit salad	Dessert White chocolate brownie

Alongside this menu there are daily fresh fruit & yoghurt, sandwiches and wraps on offer as well as a Pasta/jacket bar with bolognese, tomato sauce and beans