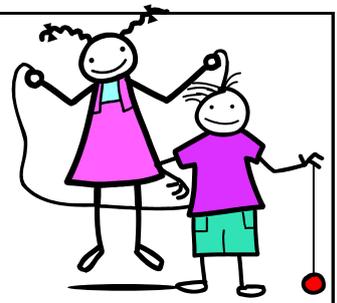


# Downsend+

## February, Easter & May

### 2019



Welcome to our February, Easter & May holiday programmes for children  
From Reception to Year 8. We are happy to welcome non-Downsend  
children to our scheme, so why not bring a friend with you to join in with our activities?

#### Downsend+ Days Include:

- Non-stop activities from 9.00 am - 4.00 pm on most weekdays during the school holidays (except Bank Holidays):
- Access to the ICT Suite for activities and games
- Art & Craft activities with seasonal themes
- Use of our sports hall, astroturf and fields for sports/games sessions
- Swimming twice, most days, in our 25m heated indoor swimming pool
- Food/textiles suite for cooking and sewing
- Opportunity to play board games, Xbox and Wii games together with a variety of free play options
- Table tennis, trampolines, go-karts (weather dependent) plus quiet areas for reading and relaxing with friends
- Children are welcome to bring in their bikes and scooters **but they must have a helmet** - we ask that children do not wear heellies
- All children attending any Downsend+ day or course should wear old clothing, as it may get dirty or stained
- We request that children **do not** bring mobile phones, electronic devices etc. to Downsend+

#### Downsend+ Courses - You only pay for the course price or Downsend+ price - not both.

With a huge variety of choice, the scheme gives pupils access to exciting and absorbing workshops, courses and master classes by professional coaches and thrilling days out they perhaps would not otherwise have tried. We hope they will make new friends, gain new skills in a relaxed and safe environment and be inspired to achieve more than they thought possible. Our main aim, however, is that they have LOTS OF FUN!

#### **PLEASE NOTE:**

All courses are individually priced and are the FULL cost for the duration of the course - no additional charges apply.

Drop off time for all morning sessions is 9.00 am, lunch is at 12.00 noon and the children will be ready for collection at 1.00 pm. However, drop off time for all off-site morning courses is 8.45 - 8.50 am to enable the minibuses to leave by 9.00am. Drop off time for all afternoon sessions is 12.00 noon when the children will have lunch, ready to start their course at 1.00 pm. Collection for afternoon courses will be at 4.00 pm. Please note some courses have later collection times.

#### Food

Morning and afternoon snacks are provided together with a choice of lunch options for any Downsend+ morning only session, Downsend+ day or course.

#### Extended Day

For working parents Extended Day care is provided by our early start and tea clubs providing childcare from 8.00 am - 5.30 pm during the holidays (at an extra charge). Children booking a late finish will be given tea.

Rebecca Peek

Downsend+

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**Alice Holt Cycling - Age 6** Please note that all bikes and helmets will be provided by the cycling centre.

Cycling safely away from roads under the instruction of professional instructors, all abilities are welcome with more challenging routes for the more able. Packed lunch and snacks are provided.

**Baking - All ages**

Fun in our food technology room cooking tasty treats for the whole family.

**Ballet - Age 5 - 8 years**

For all those children who just love to dance, there will be plenty of fun games, arts and crafts and the chance to wow your friends and family with a fantastic dance routine!

**Chess Challenge - Age 7+**

All abilities are welcome as we look to develop children's knowledge of the game. Everyone will get to play a match during the session. So, whether this is your first experience of chess or you've been playing a few years, join us and develop your skills.

**Chocolate Making - Age 4 - 6 & Age 7+**

Sara Chapman Chocolates will be back to run our Easter chocolate making course and each child will be making hand made individual chocolates to take home.

**Caving & Climbing - Age 6+**

Explore the unique artificial caving system at Craggy Island in Sutton. Crawl through over 50 metres of twists and turns in a safe environment. Different tunnels will lead you through cracks and down shafts and into interconnecting chambers.

**Dry Slope Skiing - Age 8+**

This skiing course is for all abilities under the instruction of qualified coaches on the dry ski slopes at Sandown.

**Easter Paint a Plate - All ages**

Paint and personalise an Easter themed item ready in time for the Easter weekend.

**Father's/Mother's Day Surprise - All ages**

Creating a gift for Dad or Mum. More info available on request !!

**Fencing - Age 6+**

Cobham Fencing Club run sessions suitable for all abilities and age groups. Plastic swords will be provided for our younger children and beginners and foils for the more able and older children to try this sport which is excellent for hand eye co-ordination.

**Football Skills - Age 6+**

This football skills course is designed to be a fun way for children to improve their existing skills in passing, dribbling and shooting through a variety of drills.

**Fun Science - Reception, Year 1 & Year 2**

A fun morning designed for our youngest children to introduce them to the wonders of science!

**Go Ape Junior - Age 6 + Please note the minimum height for this course is 1 M**

Chessington's Tree Top Junior is aimed at adventurers aged 6+ years. The safety systems are designed so that participants stay attached the whole time they are in the trees and there is no need for them to move any safety lines. A fun filled time of canopy exploring, trail blazing and obstacles for all to enjoy. You'll negotiate crossings and finish on a high (literally) with an awesome zip wire!

**Go - Karting - Age 8+**

Fancy an afternoon whizzing around in a Go Kart, then this is the course for you. Race your friends to finish in the fastest time.

**Golf - Age 7+**

The Drift Golf Club will be the venue for the golf lessons and will cover all aspects of the golf game, including putting, pitching, chipping, bunkers, full swing driving and on course play. Golf clubs will be provided.

**Gymkhana Day - Age 7+ Please note:** Long trousers and appropriate footwear (wellington/riding boots) must be worn.

The children will muck out the stables, then groom and tack up their ponies before a morning ride, then back to school for a hot lunch. In the afternoon there will be a fun gymkhana with rosettes. This course will be open to all abilities of riders.

**Horse Riding - Age 6+ Please note:** Long trousers and appropriate footwear (wellington/riding boots) must be worn.

The children will have fun grooming and tacking up the horses, together with riding tuition in the indoor equestrian centre or outside in the surrounding countryside.

**Introduction to Golf - Age 6+**

Community Golf deliver a shorter and quicker format of golf that's great for kids to have fun and learn some of the basics of the game. Beginners welcome. The kids will use lighter clubs and softer balls, and they will aim towards fun and challenging targets!

**Jewellery Making - All ages**

Come and make your own jewellery to take home - from designing and making bead bracelets, to creating your own charms to add to bracelets, necklaces or even your bag! Fun and creative.

**Mini Crickets - Reception - Age 5 and Age 6 - 8**

Fun filled cricket sessions designed to teach the basics of fielding, batting and bowling whilst in a safe and nurturing environment. Children thoroughly enjoy learning about 'Crickety' and his many sporting and worldly experiences, where, as the basics are developed, skills become more advanced, matches more challenging and sessions geared to introducing nets and hard ball cricket.

### **Mini Ringos & Sledging - Age 6+**

Excitement of the downhill variety at Sandown. Sliding downhill in mini inflatable doughnuts and sledges.

### **Model Making - Age 8+**

This two morning course enables young model makers to construct a motorised Robot. Each model maker will be guided through the building process and once completed will take their Robot home.

### **Off Road Cycling - Age 8+**

Our Alice Holt Cycling instructors will be running these courses, some mountain bike skills such as balance, corners, technical terrain and looking at drops/jumps. You will need to provide your own bike and helmet for this course.

### **Pizza - All ages**

Come and make a family sized pizza with your choice of toppings! No need for a takeaway tonight!

### **Rifle Shooting - Age 9+ Minimum Height 1.46 M**

We are off to Bisley, the headquarters of the NSRA, where target shooting has produced Olympic medallists. You will be instructed in a small group about the handling of Rifles, target shooting on the ranges and scoring.

### **Sayers Croft - Age 6+**

Start the day with some pond dipping to see what lurks beneath the water, follow this with some mini beast hunting and after lunch some caving! Packed lunch and snacks provided.

### **Scratch Programming - Age 9+**

Scratch is the exciting, child friendly visual language used by many schools to teach children programming. It enables them to create their own games, animations and stories, which they can share with their friends.

### **Scuba Diving - DSD I/ DSD II - Age 8+**

The DSD I course is designed to introduce the children to scuba diving safety, this session is relaxed, an ideal introduction to scuba diving. DSD II programme will expand upon knowledge gained on the first course, children will cover diving theory refresher - setting up equipment, basic dive skills including regulator clearing, regulator recovery, mask clearing and octopus breathing, together with an introduction to buoyancy control, fin pivots, hovering and buoyancy games. Finishing with underwater photography; setting up the underwater camera, how it operates and taking photos.

### **Scuba Diving PADI Open Water Referral Course - Age 10+**

The first step to becoming a fully qualified Open Water Diver, and completes the pool and theory section. Participants will read through the open water diver manual covering scuba diving theory and safety concepts, complete short knowledge reviews at the end of the section and watch a PADI DVD. The instructor will review the information in the classroom and at the end participants will complete a multiple choice final exam. Participants learn to set up and test their own equipment and practice all the skills necessary to become a qualified diver. The referral course prepares the participant for the final 4 qualifying dives which are completed in Open Water. These dives can be completed at any PADI centre in the world. **Please note:** there will be a non-refundable deposit of £50.00 to book your place on this course. However, in the event of illness, this deposit may be transferred to a future course

### **Stabilisers off! - All ages**

Are you nearly able to ride your 2 wheel bike, but you don't have space to fall off or practice? Then come and try our special cycling courses to perfect your balance. Please bring your own bike and helmet.

### **Swimming for Beginners - Age Reception+**

This course is designed for non/weak swimmers and follows the guidelines of the ASA. The strokes covered are front crawl, back stroke and breast stroke. The course will be run by a fully qualified swim teacher with a maximum group size of 4 per session lasting for 30 intensive minutes.

### **Sky Walk - Age 10+ - Minimum Height 1.3M**

This tree top course at Sandown Ski resort will see the children take part in 2 different courses. The children will be harnessed to a continuous belay system, so no unclipping. The course will feature zip lines, tyre swings, barrels crawls and rickety bridges.

### **Tap Dancing - Years 2 - 5 Please provide shoe size as hire of shoes is included for this course.**

Your co-ordination will be challenged, but it's a great feeling when you get your taps, stamps and claps all in the right order! The classes concentrate on sound, performing skills and fun sequences, featuring different rhythms, which produce great techniques.

### **Tennis Coaching - Age 6+**

Amanda Beaumont and her team of LTA coaches will be running these courses which are aimed at children aged 6 - 13 years. Course will comprise of instruction on basic techniques, practice drills, match-play, together with singles and doubles tactics appropriate to age and ability. In addition, there will be plenty of fun games for all ages, with tournaments on the final morning.

### **Tennis for Tinies - Reception & Year 1**

This course is run by Amanda Beaumont and her team, the course is designed for our youngest children, to help improve ball handling skills, confidence, co ordination, agility, racket and tennis skills through lots of games and fun exercises.

### **Yoga - All ages**

Yoga for children uses traditional poses alongside games, story telling and music to create a fun class. We will be twisting, balancing, forward and backward bending and lots more to support growing bodies, increasing concentration and relaxation skills.

# Terms and Conditions



## Cancellation or Alteration

If you have to cancel or alter your booking for a Downsend+ day or a course at short notice (less than 7 days beforehand), we will usually be happy to transfer your booking to another day if space permits, but if not you will be charged the full rate for the session booked. In exceptional circumstances charges may be waived at the discretion of the Leaders of Downsend+.

## Public Liability Insurance

Whilst they are taking part in activities on site or travelling in our minibus, the children are covered by our public liability insurance. Whilst under the supervision of outside tutors at off-site facilities, the children are covered by separate public liability insurances held by the various tutors, copies of which are held on file by Downsend+.

## First Aid

Several of our staff are qualified first-aiders and are trained to administer first aid assistance should your child require it. The emergency services will be called if further assistance is needed. Parents should ensure that any special requirements or allergies are notified on the medical section of the application form to ensure that appropriate treatment is given when treating their child.

## Medical Conditions and Treatments

Please note that it is a legal requirement under OFSTED guidelines for parents to leave clear, written guidelines and instructions for use with any medicines/inhalers or allergy treatments on arrival each day. Parents are also required to sign for the receipt of medicines on departure and to sign to acknowledge any treatments administered during the day. This also applies to First Aid treatments.

## Data Protection

The school (through the Head, as the person responsible) may, in accordance with the Provisions of the **Data Protection Act 1998** obtain, process and hold personal information about your child, including sensitive information such as medical details, in order to safeguard and promote the welfare of the child. The school may contact you from time to time for the purpose of providing information about Downsend+ and its activities. Unless we are informed in writing otherwise, all correspondence, including booking confirmation & invoice, will be sent to the email address provided on the contact form.

## Minibuses and Off-Site Trips

In signing up your child for an off-site trip, please be aware that you are authorising Downsend+ staff to take them off the Downsend premises. All transport used for such trips will be fully fitted with seat belts.

## Timetable Changes

In the event of poor weather, or other factors which may arise which are beyond our reasonable control, the programmes may be subject to alteration or rearrangement. We reserve the right to cancel courses which are under-subscribed, and will notify parents as soon as possible of any such cancellations or significant amendments.

## Transfer from Courses to Downsend+ Day

If a child decides to transfer from a course to the Downsend+ day, you will still be charged the full rate for the course. The difference between the cost of the course and the cost of the Downsend+ day will show as a cancellation charge on your invoice.

## Photography

During the activity scheme, some photographs may be taken which may be used in future publications including our website, and social media sites including Facebook and Twitter. If you do NOT wish your child's image to be used in this way, please let us know. Please note that full names will not be used in any publicity adjacent to photographs of children.

## Drop Off and Collection Arrangements

Drop off in the morning is at 9.00 am at the Turret entrance. An Early Start option is available from 8.00 am, but this must be booked in advance so that proper staffing can be arranged. If you are unable to collect your child/children yourself, please let the Downsend+ staff know who will be collecting them, for security reasons. Your child may be collected at any time up until 5.30 pm, but if collection is after 5.30pm, for any reason, an automatic charge of £20.00 will be made. If your plans change during the day, please contact Downsend+ on 07909 861280 to advise us of alternative arrangements for collection. Collection will be at 1.00 pm after a morning session or course, or at 4.00 pm. There is an additional charge for the late session from 4.00-5.30 pm, should parents require it, but this must be booked in advance so that proper staffing can be arranged. If for some reason you need to collect your child/children at any other time, please contact the Downsend+ direct line shown below to let staff know when you will arrive. The school is a secure site during the activity scheme, so all external doors and gates will be locked except at the normal drop-off and collection times shown above.

## Early Drop-Off and Late Collection Charge

Please note morning registration is at 9.00 am unless your child is booked in for early start. If you sign your child in before 8.45 am you will be charged the early start rate in full. Likewise collection at the end of the day is at 4.00 pm. If you collect your child after 4.15 pm, the late collection charge will be levied although we will provide your child with tea. **A late collection charge will be made when children are collected after the time booked or after 5.30pm.**

## Exclusion

We reserve the right to exclude or refuse any child prior to or during the holiday if in our opinion the presence of that child is incompatible with the wellbeing of others on the scheme. Bullying and poor behaviour will be dealt with appropriately as soon as it is reported. Any additional cost incurred by Downsend+ as a result of any exclusion or refusal, including damage or transport home, will be borne by parents or guardians and no refund will be made.

## Complaint Procedure

Downsend+ will do everything in its power to provide the best possible standard of care and service at all times. If however you are not satisfied with the service that you or your child have received, please contact the Leader of Downsend+, Rebecca Peek, on the Downsend+ direct line 01372 385403 or mobile 07909 861280.