

## MONDAY

### TUESDAY

Soup of the day

Main Chorizo and mascarpone pasta with broccoli

Vegetarian Mixed root veg casserole served with crusty bread

> Vegetables Peas Broccoli

Dessert Steamed syrup sponge custard

Soup of the day

Main BBQ chicken wraps served with sour cream

Vegetarian Roasted peppers and Haloumi wraps

> Vegetables Sweetcorn Leaf salad

Dessert Chocolate brownie WEDNESDAY

Soup of the day

Main Roast pork Roasted new potatoes Gravy(gf)

Vegetarian Vegetable and Mozzarella stacks

> Vegetables Green beans Carrots

Dessert Pineapple upside down cake **GLOBAL THURSDAY** 

Soup of the day

Main Japanese Chicken katsu served with sticky rice

Vegetarian Tempura battered vegetables served with sticky rice

Vegetables Pickled veg Roasted corn and peppers

Dessert Fruit yoghurt and granola bar

Vegetables Boston beans Mixed veg

Dessert Rainbow jelly

Alongside this menu there are daily fresh fruit & yoghurt, sandwiches and wraps on offer as well as jacket potatoes and a pasta bar

Week Commencing: 25/2/19 and 18/3/19

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# This Week's Menu

## **FUNKY FRIDAY**

Soup of the day

Main Beef Burger with cheese and coleslaw

Vegetarian Vegie Burger with cheese and coleslaw



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FUNKY FRIDAY
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
<b>Main</b> Minced beef pie with puff pastry top	<b>Main</b> Chicken tikka masala Pilau rice & poppadum's (gf)	<b>Main</b> Honey glazed Gammon (gf) Roasted new potatoes Gravy	<b>Main</b> Jamaican jerk chicken with rice and peas (gf)	Main Cumberland sausage hot o Chunky oven roasted jack wedges
Vegetarian Mushroom and sweetcorn pie	Vegetarian Lentil and sweet potato masala(gf)	<b>Vegetarian</b> Beef tomato filled with feta and brown rice (gf)	<b>Vegetarian</b> Jamaican jerk Quorn fillet with rice and peas	<b>Vegetarian</b> Vegetarian hot dog
<b>Vegetables</b> Peas Carrots	Vegetables Saag aloo Mildly spiced roasted cauliflower	Vegetables Broccoli Glazed carrots	<b>Vegetables</b> Roasted corn Sweet potato wedges	<b>Vegetables</b> Baked beans peas
<b>Dessert</b> Apple and mixed berry pie	<b>Dessert</b> Lemon drizzle	<b>Dessert</b> Peach crumble	<b>Dessert</b> Fruit salad yoghurt and	<b>Dessert</b> Greek yoghurt strawberr

Alongside this menu there are daily fresh fruit & yoghurt, sandwiches and wraps on offer as well as jacket potatoes and a pasta bar

Week Commencing: 4/3/19 and 25/3/19

## COGNITA

# This Week's Menu

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Greek yoghurt strawberry mousse

granola bar



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FUNKY FRID
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the c
<b>Main</b> Sausage and mash with gravy	<b>Main</b> Mexican beef chilli with rice sour cream (gf) and soft tortilla	<b>Main</b> Roast beef (gf) with Yorkies and gravy	Main Indonesian Nasi Goreng with prawn crackers(gf)	<b>Main</b> Fish n chip
<b>Vegetarian</b> Vegi sausage and mash	<b>Vegetarian</b> Mexican mixed bean and Quorn chilli with rice sour cream(gf) and soft tortilla	<b>Vegetarian</b> Non nut roast with Yorkies and gravy	<b>Vegetarian</b> Vegetable Nasi Goreng	<b>Vegetariar</b> Falafel cakes serv minted yoghur
Vegetables Peas Carrots	Vegetables Sweetcorn Leaf salad	Vegetables Broccoli Mixed veg	Vegetables Stir fried veg	<b>Vegetable</b> Baked bear Peas
<b>Dessert</b> Rice pudding (gf)	<b>Dessert</b> Banana cake	<b>Dessert</b> Chocolate sponge with chocolate sauce	<b>Dessert</b> Fruit yoghurt(gf) and granola bar	<b>Dessert</b> Aussie crune (homemade cere

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Week Commencing: 11/3/19 and 1/4/19

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# This Week's Menu

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