

FACTS

- ◆ Our three menus are rotated weekly
- ◆ Our menus change every term
- ◆ Our menus are nutritionally balanced
- ◆ Fresh produce is delivered daily
- ◆ We use top quality suppliers
- ◆ Our qualified chef cooks on the premises
- ◆ We cater for special dietary requirements
- ◆ Please note, menu can be subject to change

Our School Lunches encourage & develop

- Social skills
- Excellent table manners
- Confidence to try something new
- A healthy approach to eating

Downsend Pre Prep Leatherhead

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DOWNSEND
PRE-PREP SCHOOL
— Leatherhead —

LUNCH MENU



Summer Term
2019

Week One

Monday

Basil & tomato sauce, pasta and peas

Homemade fresh bread

Crudities

Lemon drizzle cake and fresh fruit

Tuesday

Beef burgers, seasoned wedges and sweetcorn

Homemade fresh bread

Vegetarian option Vegetable burger

Crudities

Shortbread and fresh fruit

Wednesday

Roast gammon, roast potatoes, carrots, cabbage

And gravy

Vegetarian option

Quorn fillet

Yoghurts and fresh fruit

Thursday

Macaroni cheese and peas

Homemade fresh bread

Vegetarian/dairy free option Tomato sauce

Crudities

Strawberry whip and fresh fruit

Friday

Cod Fish fingers with roast new potatoes or chips and sweetcorn

Homemade fresh bread

Vegetarian sausage available

Crudities

Chocolate orange cake and fresh fruit

Week Two

Monday

Pasta in a roast pepper and tomato sauce,
cheese and sweetcorn

Homemade fresh bread

Crudities

Chocolate chip cake and fresh fruit

Tuesday

Pork sausages with mash potato
and baked beans

Vegetarian sausage available

Homemade fresh bread

Crudities

Fruity flapjack and fresh fruit

Wednesday

Roast chicken, roast potatoes, carrots and broccoli

Yorkshire pudding

Vegetarian Quorn fillet available

Strawberry jelly and fresh fruit

Thursday

Spaghetti bolognese with peas and cheese

Homemade garlic bread

Vegetarian Quorn bolognese available

Crudities

Yoghurts and fresh fruit

Friday

Cod goujons, seasoned wedges and sweetcorn

Homemade fresh bread

Vegetarian burger available

Crudities

Cornflake crunch and fresh fruit

Week Three

Monday

Pasta carbonara with broccoli

Dairy free tomato sauce available

Homemade fresh bread

Crudities

Iced sponge and fresh fruit

Tuesday

Chicken curry, rice and peas

Homemade fresh bread

Vegetarian curry available

Naan bread

Yoghurts and fresh fruit

Wednesday

Roast gammon, roast potatoes, carrots and
sweetcorn

Vegetarian Quorn fillet available

Chocolate mousse and fresh fruit

Thursday

Tomato & basil pasta bake, cheese and peas

Homemade fresh bread

Crudities

Apple cake and fresh fruit

Friday

Cod fish fingers, chips and baked beans

Homemade fresh bread

Vegetarian option available

Crudities

Ice cream and fresh fruit