



**DOWSEND**  
SCHOOL



Proud to be nominated in the  
**Independent Schools of  
the Year 2019 Awards**

## DOWSEND SPORTS BULLETIN

17 October 2019

### DOWSEND SPORT | #RESPECT



<b>Relationships</b>	To create positive relationships between staff parents & pupils.
<b>Excite &amp; Engage</b>	To excite those playing, coaching and spectating and to engage an entire school community.
<b>Set Standards</b>	To set our own standards that all abide by in all that we do.
<b>Participation</b>	For all to take part in an environment that matches their level of ability.
<b>Enjoyment</b>	For all involved to enjoy the experience and the journey of school sport.
<b>Compete to Win</b>	To have the mindset of 'compete to win'. To not fear losing but see it as something to learn from.
<b>Teamwork</b>	Teamwork makes the dreamwork.

**#TeamDownsend**



**DOWSEND**  
SCHOOL  
*Inspiring Young Minds*

[www.downsend.co.uk](http://www.downsend.co.uk)

## Message from the Sports Department

Please continue to send your children's personal sporting highlights out of school. As ever we are keen to celebrate all their successes. Please email details and any images to [editor@downsend.co.uk](mailto:editor@downsend.co.uk).

Please keep an eye on [www.schoolssports.com](http://www.schoolssports.com) for team sheets and match results. Follow us on Twitter [@DownsendSport](https://twitter.com/DownsendSport)

*The Sports Department*

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### U9 Hockey Tournament



Last Thursday our U9 A team had their first hockey tournament of the season at The Hawthorns School. With lots of expectations and enthusiasm we left school at 1pm. Being the first ones to arrive we had the whole pitch to warm up and get used to the astro.

It was a 7-a-side tournament, playing 10 minutes one way with 3 minutes between matches. Focused and ready to go we played our first game vs Hazelwood winning 2-0. Straight after and just changing pitch with some specific points to improve we played The Hawthorns winning our second game 3-

0. Once again and with 3 minutes to have a quick drink and give one or two instructions we went to play our toughest game against St. George's that ended in a draw 1-1.

It was time to relax and re focus, having one game off. Our next opponent was Micklefield and the girls were back to the challenge winning 7-0. Happy and full of energy we went straight into our last match against Reigate St Mary's finishing the tournament with a 3-0 win.

Presentation was ready and the girls were happy with their performances and I was pleased with the progress they made throughout. The team worked hard and played some nice and strong hockey, passing the ball and playing as a team with the main focus on positions and strength.

We played an amazing first tournament scoring 16 goals and just conceding one in five games. We came back with the silver medal due to one goal difference with St. George's. The girls did amazing and I'm really proud of what they achieved as a team.

Now is time to keep working and growing as a team.

Well done girls!

*Ceci Rodriguez-Turano*

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## **U10 A & B Hockey Tournament St Georges College Junior School**





Following a round robin style tournament hosted by St George's College Junior School, Downsend A Team finished in 5th Position and our B team collected the bronze medal to finish in third place within their tournament which was really pleasing.

As a coach the morning gave me much food for thought and the opportunity to see the pieces of the jigsaw that are fitting together well and those that at present are still not quite there. This is very helpful in terms of planning future training in order to target our approach.

The areas that both teams did well was to maintain excellent possession in all their games. We moved the ball well through the backs finding spaces in the channels but we feel short converting the majority of our circle penetrations into repeated shots on target.

The movement of players and the ball in the final third of the pitch requires several points to be thought about. Firstly to keep the ball out of contact, pre scan before receiving the ball to ensure that you are aware of the position of the opposition and your own team and use this information to formulate your plan when you have the ball. Secondly, a players work off the ball to create space and passing options is imperative, to often we were hiding behind defenders failing to change the passing angle and made life easy for the opposition. Finally it is to find our inner tigers so that we are hungry for the ball in the circle looking ready with sticks down and body low to either rebound or deflect any chance that comes near with power. This year group is motivated and talented and therefore I have no doubt that they will work hard to improve this area of their match play and continue to make good improvements as the season continues.

*Claire Cooper-James*



## THE 'BIG DOG' TIMES 2019

The 'BIG DOG' is a Hockey Fitness Test that all the girls have under taken every 3 weeks in their Games lessons  
The results below show the best 10 times for each year across the testing

RANK	Year 5		Year 6		Year 7 & 8	
	1	Lauren LQ	1.33.23min	Sophia V	1.30.34min	Elizabeth H
2	Adelaide T	1.33.79min	Lily B	1.32.41min	Jada J	1.25.59min
3	Francesca W	1.34.36min	Lana B	1.38.64min	Chole M	1.25.92min
4	Summer A	1.35.00min	Jemima J	1.39.41min	Damla S	1.28.28min
5	Bella T	1.36.81min	Iona F	1.41.82min	Isabel B	1.31.23min
6	Natalia T	1.38.10min	Martha G	1.44.10min	Aimee J	1.32.67min
7	Freya BW	1.38.07min	Ella P-K	1.44.58min	Bijou C-S	1.33.02min
8	Daisy M	1.39.00min	Darcey T	1.45.31min	Gerladine H	1.35.15min
9	Maya B	1.40.40min	Sienna R	1.47.31min	Mia K	1.35.48min
10	Jessica J L	1.42.28min	Amelie P	1.48.04min	Emerson N	1.38.19min

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## 1st XI IAPS Football Tournament at Danes Hill

The 1<sup>st</sup> and 2<sup>nd</sup> team football teams played brilliantly against Milbourne Lodge to win 3-2 and 5-1 respectively. Well played to both the teams on their creative and attacking play!

*Karl Newland*

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# Whitgift Biathlon Championships, Sunday 13<sup>th</sup> October



**U9 Boys Champion – Thomas C**

**U9 Boys Fastest Swim – George G**

**U9 Boys Team Bronze Medallists – Thomas C, George G and Freddie C**

**U10 Boys Fastest Swim – Ryan D**

**U11 Boys Team Silver Medallists – Lucas T, Lucas R and Andrew M-T**

**U11 Boys Team Bronze Medallists – Kian D, Ned S and Isaac N**

**U12 Boys Fastest Swim – George P**

**U12 Boys Team Bronze Medallists – George P, Thomas D and Henry S**

Following on from the success of the school at the biathlon championships last year we once again had a large number of entries for this year's first round of the schools biathlon competition. This year we returned to Whitgift School. After a slightly chaotic start at registration and a change of run course due to the poor weather the 45 boys and girls from Downsend performed superbly, in the tough conditions.

A number of pupils were making their biathlon debut and along with the other long standing biathletes should be extremely proud of their effort and achievement. As well as the results above we had a number of ten finishers.

We are always inspired by the effort that emanates from each and every Downsend representative. They cheer each other on for the collective good of the school and the team. It is the support they give each other and the support of parents that helps to produce these excellent results.

A huge thank you to Mr Popham for organising the running training sessions and Mr Lawrence for assisting with the run on the day itself.

Thanks to the parents who have been magnificent in their support and delivered their children to all the right places at the right time throughout training and on the day. A heartfelt thank you to each and every one of you. It has been a pleasure to watch the children train and compete with such pride again this year. They really are a credit to themselves and a joy to coach.

The times will now go into the official rankings lists and we will have to wait to see who qualifies for the British Modern Finals in Nottingham in November and for the British Schools Finals in March.

*Marie Seivewright*

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## Match Results

All match results can be viewed on Schoolsports [here](#).

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## Other Sporting News

Well done to Gregor D of class 4MP who had an excellent sporting weekend getting man of the match with his Bookham Colts U9s football team, then passing his green belt in tae kwondo on the same day!





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Congratulations to Grace C in class 6MSk, who sat her Karate grading last Saturday and has passed the exam to become a brown belt. Well done Grace for all the hard work and commitment.



Well done to Harrison J-H and Gregor D from class 4MP who played for Dorking U9s at the Sutton and Epsom Mini Rugby Festival. Both boys had an enjoyable (if wet) morning!



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Sienna V (5PM) is a junior member at Walton Heath Golf Club, which has just adopted the R&A's Women in Golf Charter - the first club in Surrey to do so. The full release can be read below.



## Walton Heath is first Golf Club in Surrey to adopt The R&A 'Women in Golf' Charter

Walton Heath Golf Club is at the forefront of a global drive to increase the number of women and girls participating in golf.

The Club, will become the first in Surrey to sign up for the 'Women in Golf Charter' which was unveiled recently by The Royal & Ancient Golf Club of St Andrews (The R&A).

Walton Heath has embraced the governing body's initiative enthusiastically and is aiming to develop a range of initiatives designed to encourage more women and girls to play golf and stay within the sports as members of clubs.

In adopting the Charter, Walton Heath has implemented a three-year rolling strategic plan to increase membership, develop women's, girls and family golf while also encouraging more women to become closely involved in the administrative elements of the Club.

Walton Heath Lady Captain Alison Taylor and Kate Hill, who sits on the Club's General Committee, are leading the drive which they believe can bring in new players of all age groups who will be supported and encouraged as their game develops.

Alison explained: "We would love to inspire a new generation of women and girl golfers to enjoy the benefits of golf as a wonderful leisure activity for all the family. To this end, The R&A Charter will help women and girls to prosper and maximise their potential at all levels of the sport." She added: "In July 2016 we began a Ladies Academy to introduce new players to golf with the hope that they might join the Club in future. We started with a maximum of 20 golfers on a three-year programme which involved mentoring the new players, providing individual and group coaching as well as on-course lessons.

Kate explained: "Among the seven core commitments which form the basis of the Walton Heath Charter is a desire to increase the Ladies Section to a minimum of 120 playing members. On January 1 this year we had 94 members and that figure has now jumped to 105, which is a very significant increase.

"We are delighted that nine ladies from the Academy have transferred to full membership this year, along with four others who have joined independently from local clubs. Until recently, we were averaging just one new member a year, so this is an extremely positive step."

As part of the action plan, Walton Heath is keen to further develop a range of golf and social activities to appeal to the Ladies membership and a strong commitment to a calendar of events for family golf. The first of those family competitions recently attracted 32 players comprising men, women, boys and girls.

Alison concluded: "We are proud to be the first Golf Club in Surrey to adopt The R&A Charter and to pledge our commitment to supporting the continued growth of women and girls golf."

Walton Heath Chairman, Alastair Wells, endorsed the Club's decision to adopt The R&A Charter, saying: "Golf is a sport to be played and enjoyed by everyone, male and female, young and old. "We believe that by signing up to the 'Women in Golf' Charter, our ladies and girls sections will continue to grow and flourish. We are all proud to be associated with this tremendous initiative ".

Alastair Wells, Chairman

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## Attendance at Clubs / Practices

If your son/daughter is unable to attend a practice or sports club please can you ensure you let the PE department know in advance. We need to ensure that all our pupils are in the correct place at all times. Pick up from sports practices will be at the location of the practice, pupils will not be released to meet parents/carers at any other location.

## Team Sheets

All team sheets are posted on the [Schools Sports](#) website at least 2 days in advance of the scheduled matches. Please do check through the calendar to see when all matches are for your child's year group. It is common practice that they are predominately on the same afternoon but on occasions this may differ.

Within the website you can either select the team, calendar option or by the sport. A small icon that looks like a little blue man will appear if the team sheet has been added. This provides all the information that will be needed for the match.

*Don't forget you will need the password to access the team sheets.*

## Sports Notices

[Parents' Swimming](#)

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# Inspiring young minds

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## Download School Notices

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