



DOWNSEND
SCHOOL

Inspiring Young Minds

LUNCH AT DOWNSEND

WEEK 1

FRESHLY PREPARED DAILY
ACCOMPANIED BY SALADS, JACKET POTATOES, SOUP AND PASTA
FRUIT PLATTER AND YOGURT

TASTY MAINS

VEGETARIAN

ON THE SIDE

DESSERT

MON

SAUSAGE,
MASH AND GRAVY

VEGGIE SAUSAGE,
MASH AND GRAVY

SAVOY CABBAGE
FRENCH BEANS

MANGO
APPLE
CRUMBLE
WITH CUSTARD

TUE

MEXICAN CHICKEN
TORTILLA WRAPS

MEXICAN QUORN/
HALLOUMI
TORTILLA WRAPS

RICE
SWEETCORN
SOUR CREAM
GUACAMOLE

BANOFFEE PIE

WED

HONEY GLAZED
GAMMON

ROASTED ROOT
VEG GRATIN
- CHEESE
AND HERB
TOPPING

ROAST POTATOES
BROCCOLI
CAULIFLOWER

CHOCOLATE AND
STRAWBERRY
CRUNCH

THU

DOWNSEND
CHICKEN KATSU

QUORN FILLET
KATSU

PICKLED PEPPERS
MOOLI
STICKY JASMINE
RICE

HONEY AND
SULTANA RICE
PUDDING

FRI

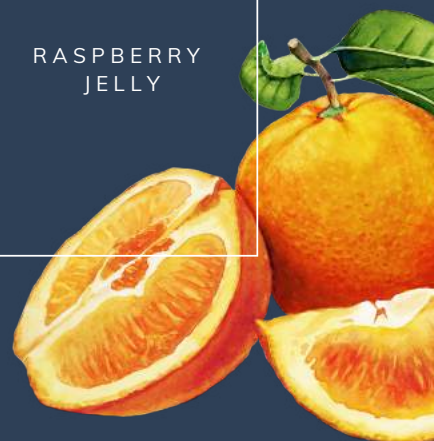
LAMB BURGER

SWEET POTATO
AND FETA
BURGER WITH
WHOLEMEAL
PITTA

ROAST
PARMENTIER
POTATOES
PEAS
SALAD

RASPBERRY
JELLY

WEEKS COMMENCING: 07 SEPT, 27 SEPT





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WEEK 2

FRESHLY PREPARED DAILY
ACCOMPANIED BY SALADS, JACKET POTATOES, SOUP AND PASTA
FRUIT PLATTER AND YOGURT

TASTY MAINS

VEGETARIAN

ON THE SIDE

DESSERT

MON

CREAM CHICKEN
AND CORN PIE

CREAMY PUMPKIN
PIE

SWEET POTATO
PEAS
NEW POTATOES

STICKY TOFFEE
PUDDING

TUE

CHILLI CON CARNE
TACOS

FIVE BEAN CHILLI
TACO

RICE
LEAF SALAD
CHEESE
SOUR CREAM

CARROT CAKE

WED

ROAST
CHICKEN

VEGETABLE
WELLINGTON

ROAST POTATOES
STEAMED
BROCCOLI
CARROTS

ROCKY ROAD
CHEESECAKE

THU

SINGAPORE
NOODLES
PRAWN CRACKERS

SINGAPORE
NOODLES

PRAWN CRACKERS
VEG SPRING ROLL

STRAWBERRY
DELIGHT

FRI

HOT DOG
BRIOCHE BUN

NOT DOGS
BRIOCHE BUN

SKINNY FRIES
PEAS
BBQ BEANS

APPLE AND
CINNAMON
FLAPJACK

WEEKS COMMENCING: 13 SEPT, 04 OCT





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LUNCH AT DOWNSEND

WEEK 3

FRESHLY PREPARED DAILY
ACCOMPANIED BY SALADS, JACKET POTATOES, SOUP AND PASTA
FRUIT PLATTER AND YOGURT

TASTY MAINS

VEGETARIAN

ON THE SIDE

DESSERT

MON

CARBONARA
PASTA BAKE

MACARONI
CHEESE BAKE

LEAF SALAD
GARDEN PEAS
ROASTED
ZUCCHINI

CHOCOLATE CAKE
AND CUSTARD

TUE

TANDOORI CHICKEN
WITH RICE
AND NAAN BREAD

TANDOORI
CAULIFLOWER
AND PANEER

PILAU RICE
SWEETCORN
MANGO CHUTNEY

PEAR AND
SULTANA
PUFF PASTRY PIE

WED

PORK AND
SAGE
WELLINGTON

VEGETABLE
WELLINGTON

ROAST POTATOES
GREEN BEANS
CARROTS
GRAVY

CARRIBEAN RICE
PUDDING

THU

BEEF LASAGNE

ROASTED
MEDITERRANEAN
VEGETABLE
LASGANE

GARLIC BREAD
LEAF SALAD
PEAS

PEACH AND
BERRY CRUMBLE
WITH CUSTARD

FRI

FISH AND
CHUNKY CHIPS

HOUMOUS
BREAD AND
CRUDITES
DIPPING PLATTER

CHIPS
GARDEN PEAS
BAKED BEANS

CHOCOLATE
BROWNIES

WEEKS COMMENCING: 20 SEPT, 11 OCT

