

WELCOME TO DOWNSEND PLUS

Option 1: Downsend Plus days

What will my child do:

A DownsendPlus day includes non-stop activities including:

- Games in the sports hall, on the astroturf and playing fields
- Swimming in the 25m pool
- Cooking in the Food Tech Suite
- Arts and Crafts
- IT in the IT suite
- Board game, Xbox, and Wii challenges
- Table tennis, trampolining, and go-karts

Timings and costs:

We offer a range of times to suit you:

- Early start: 8am to 9am | £7
- Day: 9am to 4pm | £44 (includes lunch)
- Late finish: 4pm 5:30pm | £12 (includes tea)
- Morning only: 9am 1pm | £27 (includes lunch)

Option 2: DownsendPlus Half Term Courses

What will my child do:

All our DownsendPlus holiday courses are listed on the following pages with their cost, date and whether they are in the morning or afternoon.

You may also wish to book mornings or afternoons around your chosen course:

- Morning only (includes lunch): 9am -1pm: £27
- Morning course AND Downsend afternoon: Cost of your chosen course + £17
- Downsend morning AND afternoon course: £17 + cost of your chosen course

How to book:

Go to this Microsoft Form to complete your booking.

FEBRUARY COURSES





Horse Riding - Age 6+ - Monday 14 February AM and Thursday 17 February AM

The children will have fun grooming and tacking up the horses, together with riding tuition in the indoor equestrian centre or outside in the surrounding countryside. Please note: Long trousers and appropriate footwear (wellington/riding boots) must be worn NO trainers.



Valentine's Cooking - All ages - Monday 14 February AM
Spend a fun morning making yummy treats to share with all your loved ones.



Golf - Age 6 - 9 - 3 afternoon course Monday 14 to Wednesday 16 February PM

The Drift Golf Club will be the venue for the golf lessons and will cover all aspects of the golf game, including putting, pitching, chipping, bunkers, full swing driving and on course play. Golf clubs will be provided.



Ballet - Age 5 - 8 years - Monday 14 February PM For all those children who just love to dance, there will be plenty of fun games, arts and crafts and the chance to wow your friends and family with a fantastic dance routine!



Gatwick Aviation Museum - Age 7+ - Tuesday 15 February all day course AM & PM

Have you ever wondered how Gatwick Airport started?

Visit this museum that aims to link the past, present and future, encouraging the next generations to join the airline industry. The museum will be open exclusively for Downsend Plus, with experienced guides and lots of hands on opportunities and experiences for enquiring young minds. A packed lunch, snacks and drinks will be provided.

FEBRUARY COURSES





Scuba Diving - DSD 11 - Age 8+ - 2 afternoon course Tuesday 15 and Wednesday 16 February PM

Children will cover diving theory refresher - setting up equipment, basic dive skills including regulator clearing, regulator recovery, mask clearing and octopus breathing, together with an introduction to buoyancy control, fin pivots, hovering and buoyancy games. Finishing with underwater photography; setting up the underwater camera, how it operates and taking photos.



Mini Ringo's & Sledging - Age 6+ - Wednesday 16 February AM Excitement of the downhill variety at Sandown. Sliding downhill in mini inflatable doughnuts and sledges.



Lego Challenge - Age 8+ - Wednesday 16 February AM

A must for all Lego fans, an interactive course using imagination, creativity and team work.



Yoga - All ages - Wednesday 16 February PM

Yoga for children uses traditional poses alongside games and music to create a fun class. We will be twisting, balancing, forward and backward bending and lots more to support growing bodies, increasing concentration and relaxation skills.



Mother's Day Surprise - All ages - Thursday 17 February AM A treat for mum in time for Mother's Day on Sunday 27 March.

FEBRUARY COURSES





Rifle Shooting - Age 9+ Minimum Height 1.46 M - Thursday 17 February PM We are off to Bisley, the headquarters of the NSRA, where target shooting has produced Olympic medallists. You will be instructed in a small group about the handling of Rifles, target shooting on the ranges and scoring.



Tap Dancing - Age 7 - 10 years - Thursday 17 February PM
Please provide shoe size as hire of shoes is included for this course.
Your co-ordination will be challenged, but it's a great feeling when you get your taps, stamps and claps all in the right order! The classes concentrate on sound, performing skills and fun sequences, featuring different rhythms, which produce great techniques.



Pizza - All ages - Friday 18 February Come and make a family sized pizza with your choice of toppings! No need for a takeaway tonight!



Football Skills - Age 5 - 7 years - Friday 18 February AM This football skills course is designed to be a fun way for children to improve their existing skills in passing, dribbling and shooting through a variety of drills.

SNACKS, LUNCH AND TEA

Included within your fees, we will provide:

- A morning and afternoon snack
- A healthy hot lunch with a range of options

If you choose 'Late finish', tea will also be provided.



A FEW THINGS TO NOTE:

- Children are welcome to bring bikes or scooters, but must have a helmet
- Please no heelies
- We recommend old clothing, as it may get dirty
- Please no mobile phones or electronic devices.



CONTACTING US

For any queries about DownsendPlus, please contact:

Rebecca Peek
E: downsendplus@downsend.co.uk
T: 01372 385 403 or 07909 861 280

