



**DOWNSEND  
SCHOOL**

*Inspiring Young Minds*

# Senior School 'STRETCH' Programme

SUMMER 2024

**A COGNITA SCHOOL**

# 'STRETCH'

We pride ourselves on the breadth of opportunity we provide for our young people to gain new skills. Through our STRETCH programme, we seek to inspire every pupil, encouraging them to pursue and develop their individual interests and abilities, providing them with valuable learning experiences alongside their studies to become independent, mature individuals.

At Downsend we offer a wide variety of STRETCH activities across the school, to ensure that every child from Nursery to GCSE has a chance to try something to expand their skill set, specifically those that will develop their future skills.

- In the Summer term, our STRETCH activities will run from Tuesday 16th April until Friday 21st June 2024.
- Charges will be added to your account on Cognita Connect at the start of the Summer Term, unless the club is externally run, in which case you will be sent further details.

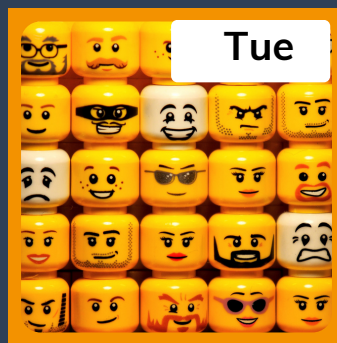


# Senior School 'STRETCH'



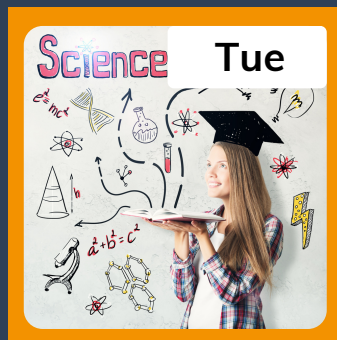
**Dance Club 1:45 - 2:15pm (No Fee)**  
**Mrs Maskell - Sports Hall**

For anyone interested in dance (boys and girls). We will learn different styles of dance including, but not limited to, contemporary, Latin and commercial. This is an ideal opportunity for those students who are looking to express themselves through the medium of dance. Get your creativity shoes on and get dancing!



**LEGO Club 4:30 - 5:30pm (No Fee)**  
**Mrs Haq - ICT Suite**

LEGO Club STEM offers a dynamic and enriching learning experience for students, to expand their knowledge, skills, and imagination. By integrating the versatility of LEGO bricks with the principles of STEM, pupils embark on a journey of exploration, discovery, and innovation that prepares them for the challenges of the future.



**Science Club 4:30 - 5:30pm (No Fee) - YEAR 7 & 8 ONLY**  
**Miss Patel - S4**

KS3 (Years 7 & 8) science club to complete the CREST award. The CREST Award scheme is the British Science Association's flagship programme for young people, providing enrichment activities to inspire and engage in the wonderful world of Science.



**Volcanology Club 4:30 - 5:30pm (No Fee)**  
**Miss Chidgey - T3**

Volcanology Club explores the formation and impact of some of the world's most famous eruptions. From Play-Doh to photography, we will use a variety of mediums to expand our knowledge and become expert volcanologists. All before building and erupting our own volcano!

# Senior School 'STRETCH'



**Tue**

**Pebble Painting 4:30 - 5:30pm (£10 Fee)**

**Mrs Mercer - Library**

Enjoy designing and painting pebbles with special acrylic pens. Each week there will be a focus on different designs in order to develop individual styles and interests, resulting in beautiful and colourful pebbles that can be used to adorn your home. The artwork that the students produced this term has been superb and I can't wait to see what next terms offering brings!



**Tue**

**Conversational Italian 4:30 - 5:30pm (No Fee)**

**Mr MacGregor - T9**

Introduction to the basics of Italian conversation, greetings, ordering food, travelling and more...speaking. For any students wishing to learn a new language in preparation for the summer holidays or for those who want to broaden their global perspective, this is the club for you.



**Tue**

**Pottery 4:30 - 5:30pm (No Fee)**

**Miss Aylen - Art Room**

Explore a range of hand-building techniques, learn how to throw on the pottery wheel and experiment with adding decoration and glazes to your creations. Stimulate your creative juices with this popular activity.



**Tue**

**'Out for dinner' Club 4:30 - 5:30pm (£15 Fee, Max 15 Students)**

**Mrs Harte - Food Room 1**

We will meet after school to cook and eat what we make. As much as possible, it will be seasonal produce that we use. We will make a variety of dishes from starters, mains, puddings and snacks and leave with a full stomach and a repertoire of new tasty dishes. (Limit is 15 students)

# Senior School 'STRETCH'

**Tue**



**Public Speaking Club 4:30 - 5:30pm (No Fee)**  
**Mr Vinsen-Tell – T8**

We will meet after school to cook and eat what we make. As much as possible, it will be seasonal produce that we use. We will make a variety of dishes from starters, mains, puddings and snacks and leave with a full stomach and a repertoire of new tasty dishes. (Limit is 15 students)

**Wed**



**Creative Music Technology 4:30 - 5:30pm (£96 Fee)**  
**External Provider - Music room 1**

An exciting opportunity for students to learn how to compose, arrange and produce a hit song in a popular music style. Starting with the basics, students will be guided through a course in Garageband to create a full song in their favourite musical style.

**Wed**



**Geography Club 4:30 - 5:30pm (No Fee)**  
**Mrs Clarke - H4**

Geography is everywhere! Look at the diversity of the world we live in – from the Himalayan Mountains to the bustling megacities of Tokyo and Mumbai. We will journey around the world from the comfort of the classroom and venture into the grounds at Downsend in the warmth of the summer sun (fingers crossed!).

**Wed**



**Physics Olympiad, Biology Challenge, Top of the Bench Chemistry Competition**  
**4:30 - 5:30pm (No Fee) - YEARS 9 - 11 ONLY**  
**Mr Gibbons -S3**

For students aiming to compete in the variety of science challenges we enter for. This club is suitable for students who are interested in developing their science knowledge in greater detail outside the constraints of the curriculum. There will be a carousel of practice in each of the three disciplines.

# Senior School 'STRETCH'



**Sets & Props 4:30 – 5.30pm (No Fee)**  
**Miss Ayles - Art Room**

Come and be a part of the production team, helping to make and produce props for the school's drama productions. This term, we will be producing props for 'The Little Mermaid'! An amazing opportunity for students who want to be part of the productions at Downsend, but don't necessarily want to be on stage.



**Nerf Wars 4:30 - 5:30pm (£5 Fee)**  
**Mr Silva – Fort Playground**

Bring along your own nerf gun and focus on target practice (static targets, human targets of staff and other pupils). Pupils will have to work on strategies to defeat opposing teams whilst playing a variety of different games such as Capture the Flag, Hostage and Assassin.



**DT Club 4.30 – 5.30pm (No Fee)**  
**Ms Hambleton - DT Room**

We will explore making small projects from Timber/Metal and Plastic. Using a variety of tools, machines and processes. This club is for the creative minds amongst our student body who like working practically with their hands.



**Puzzle Club 4.30 – 5.30pm (No Fee)**  
**Mrs Gore - S2**

Come along to complete a variety of puzzle-based activities. From mindful jigsaws to sudoku challenges, anagrams and code breaking! A perfect opportunity for students who want to kick back, relax and escape the pressures of academic study and screens!

# Senior School 'STRETCH'



Wed

**Personal Finance 4:30 - 5:30pm (No Fee)**

**Mr Ashfaq – T11**

Personal finance covers managing money as well as saving, investing, budgeting, banking, plus tips, advice and guidance on how best to look after your money in the future. If you are interested in how best to prepare and save for a 'rainy day' this is the club for you.



Wed

**Languages Film Club 4:30 - 5:30pm (No Fee)**

**Mr Sibley - H5**

We all love a trip to the cinema, but have you ever seen a movie in a foreign language? Now's your chance! Come along as we watch movies in French, German, Spanish and maybe even some new languages to you.



Wed

**Paint by Numbers 4.30 – 5.30pm (£12 Fee)**

**Mrs Sagar- S5**

Unleash your creativity in a relaxed way. You will choose an animal based canvas (16x20inch) to create a masterpiece, while promoting concentration and stress-relief.

Package Includes: 1 pre-printed textured art canvas (without frame), 1 set of acrylic paints, 1 set of brushes (3pcs). Perfect for your own home or as a unique gift!



Wed

**Philosophy Film Club 4:30 - 5:30pm (No Fee)**

**Mrs Bilham – T4**

Philosophy Film Club encourages students to engage with the beauty of philosophy through the art of film. Students will explore philosophical claims on truth and reality. Prepare to debate, challenge, get totally confused and most of all build your own philosophical mindset! .

# Senior School 'STRETCH'



**Eco and Gardening Club 4.30 – 5.30pm (No Fee)**  
**Mrs Hallam / Mrs Ludlum - H2/Well-being garden**

Continuing with our activities, looking at how we can make the school more eco-friendly and sustainable. Also growing vegetables and making items from recycled materials. This is your opportunity to make a difference to protecting our planet, starting at Downsend!



**Zoology Club 1:45 - 2:15pm (No Fee)**  
**Mrs Seghal - Lab 1**

Do you love learning about animals? Would you like to find out more about your favourite species? Join me to investigate minibeasts, draw specimens, use a microscope to take a closer look and study your favourite species. Learn about animal behaviours and find out about careers that work with animals.



**EDI Club 1.45 – 2.15pm (No Fee)**  
**Mrs Evans - T2**

Come along to take part in activities on equality and diversity. Are you interested in Black Lives Matter, Gay Pride, women's rights? Get involved and join our discussions, podcast creation and make decisions about our schools' values and ethos towards these important topics and create a greater impact on the wider school community.



**Warhammer Club 1.45 – 2.15pm (No Fee)**  
**Mr Olsen - H2**

In Warhammer Club we will explore the worlds of tabletop RPG's including Warhammer, Warhammer 40,000, and Dungeons and Dragons. Bring along your paints, models and imaginations.



# Senior School 'STRETCH'



**Drawing 1:45 - 2:15pm (No Fee)**  
Miss Aylen - Art Room

Develop your drawing skills and explore creative ways to draw, using a variety of techniques and processes. We will cover topics such as; recognising edges, understanding space in and around a subject, working with shadow and light, the relationship of object lines and creating perspective and correct proportions.



**Warhammer Club 1.45 – 2.15pm (No Fee)**  
Mr Olsen & Miss Germano - H2

In Warhammer Club we will explore the worlds of tabletop RPG's including Warhammer, Warhammer 40,000, and Dungeons and Dragons. Bring along your paints, models and imaginations.



**Drama Devising Club 1:45 – 2:15pm (No Fee)**  
Mr Bryant – Black Box

Students will be given ten minutes to devise a short play based on a stimulus, then perform their plays to the rest of the group. How imaginatively can you use the stimulus? What Drama skills can you use? How effective will your plays be? Dazzle us with your talent!



**Historical Fiction Club 1.45 – 2.15pm (No Fee)**  
Mrs Hillman - H4

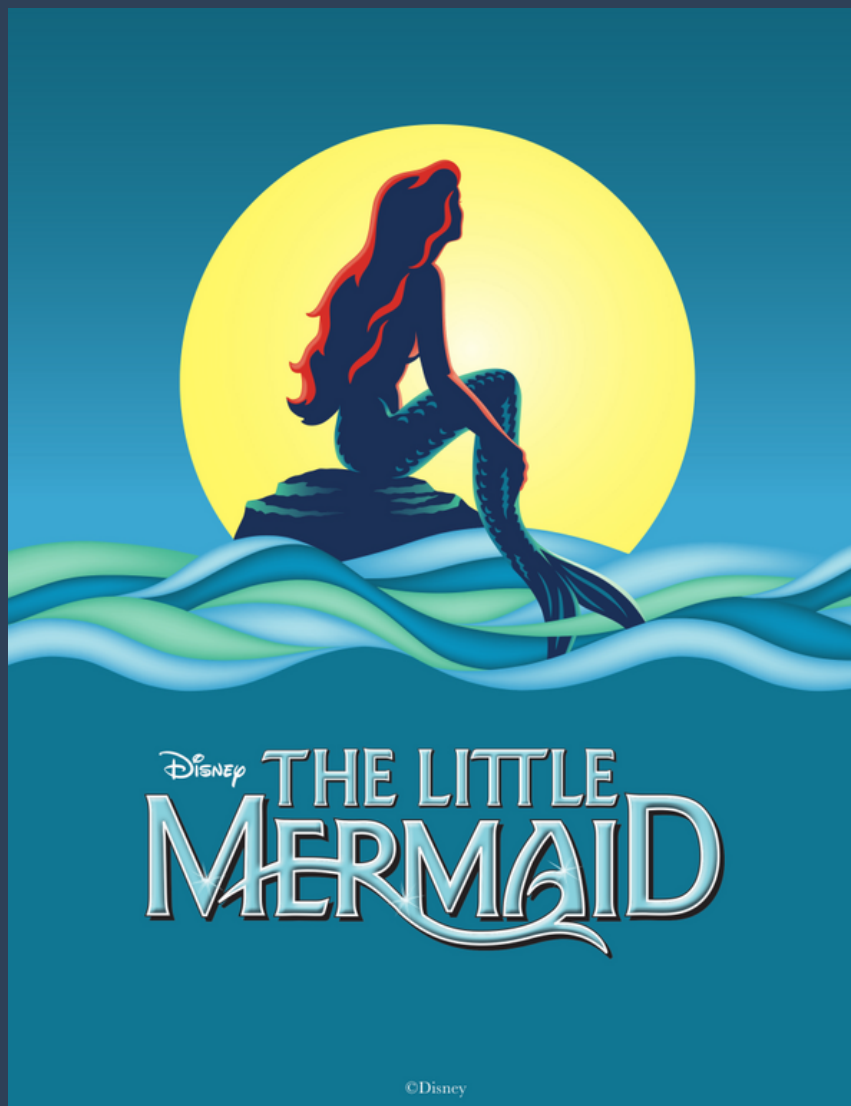
Explore and research your favourite period in History and then find your inner writer, weaving it into a masterpiece of your own creation. If you are interested in reading and developing your knowledge about Historical Fiction, come along and join Mrs Hillman for a fun journey through time.

# Senior School 'STRETCH'

Calling all singers and dancers in Years 7 & 8.....

The Year 7 & 8 musical for June 2024 will be

## The Little Mermaid



If you have been cast in The Little Mermaid, please note that rehearsals will take place on Monday after school between 4:30-5:45pm. Collection is from the Creative Arts Centre.

Attendance at rehearsals is compulsory if your character is called.

# Senior School 'STRETCH'

Calling all actors in Years 8, 9 & 10.....

The Keystage 4 play for 2024/25 will be

## THE 39 STEPS



Auditions will be held in March. Current year 8, 9 & 10 students can sign up to perform or help backstage. Rehearsals for actors who are cast will be on Thursdays from 4:30-6:00pm and collection will be from the Creative Arts Centre.

Attendance at rehearsals is compulsory if your character is called.



# Music Clubs

## Years 7-11

**Monday** 8.00am – Wind Ensemble (all wind players)

1.40pm – Senior Choir

**Tuesday** 8.00am – Senior Rock Band 1& 2

1:20pm – Senior Rock Band 3 & 4

1.40pm – Jazz Ensemble - by invitation

**Wednesday** 8.00am – String Group (All string players)

1.40pm – Senior Chamber Choir

**Thursday** 8.00am – Brass Group (All brass players)

8.00am - Senior Chamber Choir

**Friday** 8.00am – Rock Band

1:40pm – Orchestra (Instrumentalists)





# Sports Practices and Match Days

## Monday

Year 9 - 11 Sports Practice - Cricket (Boys & Girls): 4:30 - 5:30pm

Year 7 - 11 Athletics (Boys & Girls): 4:30 - 5:30pm

## Tuesday

Year 7-10 Swim Squad (Boys & Girls): 7:30 - 8:30am

Year 9 & 10 Match Day: PM Exact timings available via School Sports

## Wednesday

Year 7 - 10 Tennis Squad (Boys & Girls): 7:30 - 8:30am - \*Invite Only

Year 7 & 8 Match Day: PM Exact timings available via School Sports

## Thursday

Year 7 - 10 Tennis Squad (Boys & Girls): 7:30 - 8:30am - \*Invite Only

Year 7 & 8 Sports Practice - Cricket (Boys & Girls) 4:30-5:30pm

## Friday

Sports Scholars: 4:30 - 6:00pm - Session dates will be sent to all scholars at the beginning of term.

\*\*\* Please check Schools Sports (SOCS) on a regular basis, to ensure you are up to date with all midweek & weekend fixtures.



# Early Birds and Supervised Study

To assist with our staffing and safeguarding, we ask you to book your child in for the whole term.

Charges will be added to your account on Cognita Connect at the start of the Summer Term.



Early Birds and Supervised Study will commence from Tuesday 16th April.

**Early Birds**  
**7:30am - 8am**  
**£6.50 per day**

Held in the Dining Hall, for students that need to arrive before 8:00am.

**Breakfast**  
**7:30am - 8:20am**

The catering team will be offering breakfast items from 50p (cash only please).

**Supervised Study**  
**Until 5:45pm**  
**£12 per day**

Supervised Study is an opportunity for pupils to tackle their homework whilst in the presence of teaching staff.

Sandwiches and a fruit platter are available and included in the price.

Please note if collection is after 5:45pm there is a £20 late charge each time.

There is no Supervised Study on the last day of term due to the school closing earlier.

**Emergency Ad-hoc**

We do understand that there are occasions when booking in advance is not possible.

In the event that you need to book your child for Supervised Study please email [Fern.Matthews@downsend.co.uk](mailto:Fern.Matthews@downsend.co.uk) by 1pm or call the school office.

These sessions will be billed via Cognita Connect as they are incurred.



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