

# A COGNITA SCHOOL

# Wrap-around care



To assist with our staffing and safeguarding, we ask that you book your child's wrap-around care for the whole term.

Charges will be added to your account on Cognita Connect on a half termly basis, based on when your child attends as opposed to what you book.

All wrap-around care will commence from Tuesday 7 January 2025

Early Birds and Breakfast 7:30am - 8am £7.50	Held in the Dining Hall, where the catering team will be offering healthy breakfast items from 50p (cash only please).
Junior Prep - Y3 to Y6 After school until 4:20pm No charge	Children will do their homework or read quietly from when their school day finishes until 4:20pm There is no prep on the last day of term due to the school closing earlier than the usual departure time.
	If your child is attending a club that starts later than the end of the school day, your child will automatically attend prep. Please only sign up for prep if this is the only requirement.
Extended Day Until 5:45pm £15	Sandwiches and fruit platters are available and included in the price.
	Please note that if you collect after 5:45pm, there will be a late charge issued to your account for each occasion.
	There is no Extended Day on the last day of term due to the school closing earlier than the usual departure time.
Emergency Ad-hoc	We do understand that there are occasions when booking in advance is not possible.
	In the event that you need to book your child for Prep or Extended Day on the day, please complete the 'JS End of Day Arrangements' Form on Cognita Connect by 1pm or call the reception team.

# Clubs

After seeking feedback from the children, we have reviewed our club programme and are delighted to offer some new clubs such as Swimming, Yoga and Young Enterprise as well as favourites which they continually request.

We have continued to work on providing a range of clubs for each year group throughout the week.

- Clubs will run from Tuesday 7 January until Wednesday 2 April.
- Prep and Extended Day will continue until Wednesday 2 April. Early Birds will continue until Thursday 3 April.
- To assist with sibling collection, for those parents who who have siblings coming out of clubs at different times, we are happy to offer Extended Day to fill the short gap (around 20 minutes) at no extra cost. Once the clubs have been confirmed, you will have the opportunity to book this provision.
- Charges will be added to your account on Cognita Connect at half term for clubs that are run by Downsend Staff.
- If a club is externally run, you will be sent further details about how to make payment. Payment must be made in advance to secure your space. By signing up for a place at an externally run club, you give permission for your contact details to be passed on to the external club provider.

Each club is linked to the four aims that support our vision, we have coloured the background square of each club image to show you which aim each club links to.



# Inspiring a global perspective

We inspire a global perspective, encouraging an awareness and an understanding of the world around us, and our responsibility to make change.



# Shaping Incredible People

We shape incredible people with the emotional intelligence to build relationships, lead teams and adapt to a changing world.



# Stimulating Creativity

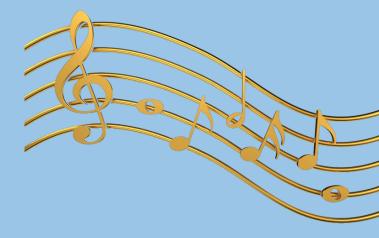
We find the creativity within us all. We develop the curious, the critical thinkers, the artists and the innovators.



# Building Digital Mastery

We aspire to digital mastery by equipping ourselves with the ability and the mindset to tackle the technology of the future.

# Music



### One to One Instrumental and Singing Lessons

For those who want to take one-to-one lessons, we have specialist tutors who teach the following instruments: flute, clarinet, saxophone, oboe, bassoon, trumpet, French horn, trombone, violin, viola, cello, piano, voice, electric, acoustic and bass guitar as well as drums. If you are interested in One to One Instrumental or Singing Lessons for your child, please complete the form on Cognita Connect.

# Instrumental and Vocal Groups

These are listed on the following pages and will commence on Tuesday 7 January 2025

Please do book a place for your child in the same way as you do other clubs and further information will be sent prior to the start of term if auditions are required.





#### JS - All year groups



Wind ensemble - 8.00 - 8.30am Mrs Gray Music 1

Open to all wind players (recorder, flute, oboe, clarinet, saxophone, french horn, bassoon).

Year 5 and 6



Junior Chamber Choir - 12.40 Mrs Allison

By audition only.

Year 3 and 4



Lunchtime Singing Club- 12.20 - 12.50 Mrs Bayley

Come along and sing with Mrs Bayley and your Year 3 and Year 4 friends. Everyone welcome

Year 4



Years 4, 5 and 6

Match Day - Year 4

- Boys- Rugby
- Girls Netball



Exact timings and teams will be communicated via Schools Sports (SOCS). No need to sign up for this on the booking system.

Swim Squad - Girls - 4.30pm-5.30pm

By Invitation Only

# Monday

#### JS - All year groups



### Chess Club 4pm - 5pm Mr Marcus Gosling - President of Epsom Chess Club £83 additional charge payable in advance

Chess develops a child's problem-solving skills and understanding of action and response. The game requires not only great creativity but also planning, precision, concentration, logic and thoughtful decision-making. It is also an enjoyable social activity, proven to aid a child's development and quicken academic progress. Mr Gosling will cater for all abilities from complete beginners to experienced chess players. All welcome! Price will include entry into the school qualifying stage of the UK Chess Challenge'

#### Please note, there will be no session on Monday 31 March.

#### Year 5 & 6



### First Aid 4.20pm - 5.20pm Nurse Rhian £24 (including VAT) additional charge, payable in advance

Join our School Nurse Rhian to learn about first aid. Each week we will come together to learn basic first aid and lifesaving skills. At each session, we will explore a new topic while learning to manage an emergency situation independently and also as part of a team. We will have the opportunity to practice our skills each week and expand our learning through shared experiences and a question and answer session.

#### Year 3 & 4



#### My Own Robot 4.20pm - 5.20pm Robolabx £100 additional charge, payable in advance

RoboLab X brings robotics and coding to children in a fun and engaging way. We emphasise hands-on learning to foster problem-solving, creativity, and teamwork, ensuring kids are prepared for tomorrow's challenges. Please find their website link here: https://www.robolabx.com/.



Years 4, 5 and 6



Junior Rock Bands 1 and 2 - 12.40 - 1.15pm Mr Early / Mr Bradfield

Instrumentalists and vocalists in the Junior School. Please contact Mrs Allison if you are interested in joining the Rock Band.

#### **Girls Years 6-8**



**Girls Cricket 7.30 - 8.20** (First Half Term, Invitation only).

Second Half Term - All Year 6 Girls will have the opportunity to join and a sign up request will be sent nearer the time.

Year 6



Match Day - Year 6

- Boys- Rugby
- Girls Netball

Exact timings and teams will be communicated via Schools Sports (SOCS). No need to sign up for this on the booking system.

Year 5



Sports Practice - Year 5 - 4.20pm - 5.20pm

- Boys -Rugby
- Girls Netball

All children will need their Games Kit to change into during the school day. If your child is booked into Extended Day they will be escorted there by a teacher.

# Tuesday

#### JS - All year groups



### Gymnastics 7.45-8.30am Star-Tastic Gymnastics Club £84 additional charge payable in advance.

Star-Tastic Gymnastics' club will welcome students of all skill levels to explore this sport. Under the guidance of our experienced coaches, members learn and practice routines on equipment such as the balance beam, vault, and floor. In our classes, children will enjoy varied lesson plans which work on a variety of moves and equipment, no two lessons will be the same. We use our own Star-Tastic Proficiency Award scheme, which is a set of levels, each with three sub-levels working on different levels of gymnastics moves and skills. We find the badges are designed to help motivate our gymnasts, boost confidence and to celebrate what they achieve.

Year 3



### J.H Year 3 Ballet Club 3.50pm - 4.50pm Miss Jenni £108 additional charge payable in advance.

We follow the RAD ballet syllabus and will be working on Grade 1 level classes with the aim to take an exam at the end of the Summer term for those that started in September. As well as learning the Grade 1 ballet syllabus, we also have plenty of fun and the chance to do lots of dancing to music. Please do email: jenni@jhballet.co.uk if you need any ballet clothes or shoes.

#### Years 3 and 4



### Lego Club Miss Kendrick 3.50 - 4.50pm

Lego Club offers the children the chance to become Lego Master Builders! They can work either together or independently to create wonderful, innovative models using their engineering and design skills, as well as an abundance of creative thinking!

#### Years 3 and4



### Clay Club 3.50-4.50pm Mr Gardiner £12 (inclusive of VAT) additional charge payable in advance

Join us to explore how to use clay, glazes, slips and clay tools to create some beautiful pieces for you to take home. Art shirt essential! We get messy!

# Tuesday

#### All year groups



# Knitting and Crochet Club 4-5pm Miss Black

£12 (inclusive of VAT) additional charge payable in advance

Come along and learn to knit, weave, make pom pom animals and crochet. Even if you are a beginner, do not worry, as we can all learn together. A lovely way to learn or carry-on a creative hobby, a time to relax and chat and make new friends too.

#### Year 3 and 4



### Swimming 4.20-5.20pm Evans Swim School £120 additional charge payable in advance

Our aim is to make children into "champions in life" as life is one big pool!

We founded Evans Swim School with one goal in mind: to give our students the most inclusive, rewarding and most of all, enjoyable swimming lessons. Evans Swim School is located in the Surrey area including Ashtead, Worcester Park, Cheam and Leatherhead. Our passionate and skilled team members are here to help students achieve their goals in their swimming lessons. Are you ready to reach your potential? Join us today!

# Tuesday

#### Years 5 and 6



# Sewing Club 4.20-5.20pm Miss Noakes £12 (inclusive of VAT) additional charge payable in advance

Come and develop your sewing skills whilst enjoying some fun and challenging creative projects.

#### Year 5 and 6



#### Young Enterprise 4.20-5.20pm Mrs Davies

Fancy being an entrepreneur and creating your own business? During the Spring Term, we are going to follow 'The Fiver Challenge', run by Young Enterprise. Children will research, plan, create and prepare to sell their product or service to gain first-hand experience of what it's like to run their own business. Watch out world!

#### Year 5 and 6



Year 5 & 6



#### Lego 4.20-5.20pm Mrs Temlett

Lego Club offers the children the chance to become Lego Master Builders! They can work either together or independently to create wonderful and innovative models using their engineering and design skills, as well as an abundance of innovative thinking!

### My Own Robot 4.20pm - 5.20pm Andrew Cheung (Robolabx) £10 additional charge, payable in advance

RoboLab X brings robotics and coding to children in a fun and engaging way. We emphasise hands-on learning to foster problem-solving, creativity, and teamwork, ensuring kids are prepared for tomorrow's challenges. Please find their website link here: https://www.robolabx.com/.



#### Years 4, 5 and 6



String Group - 8am Mr Bayley - Music 3

Open to all string players.

JS - All years



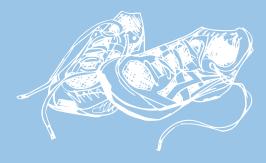
Junior Choir - 12.40 - 1.15pm Mrs Gray

Open to all Junior School children. Come and enjoy the incredible feeling of choral singing! We sing both modern and classical songs and have a range of performance opportunities throughout the year.

**Girls Years 5-6** 



**Girls Football 7.30 - 8.20am** Open to all girls in Years 5 and 6



#### **Girls Years 6-11**



**Girls Netball Shooting 7.30 - 8.20am** First Half Term, Invitation only.

Second Half Term - All Year 6 Girls will have the opportunity to join and a sign up request will be sent nearer the time.

Year 6



Sports Practice - Year 6 - 4.20pm - 5.20pm

- Boys Rugby
- Girls Netball

All children will need their Games Kit to change into during the school day. If your child is booked into Extended Day they will be escorted there by a teacher.

# Wednesday

#### Years 3 and 4



### Forest Club 3.50-4.50pm Mr Jay Bristow £96 additional charge payable in advance

Woodland Forest School encourages children to spend time outdoors as we know it reduces stress, keeps us physically healthy, promotes wellbeing, boosts immunity and builds resilience. Children will be able to build dens, make woodland craft, learn about fire lighting and much more.

#### Years 3 and 4



# Sewing Club 3.50 - 4.50pm Mrs Butcher £12 including VAT additional charge payable in advance

Come along and enjoy learning new skills while having fun. We will work on a range of projects that involve different sewing techniques.

#### JS - All year groups



### Martial Arts Club 4-5pm Barker Martial Arts - SBN Vicki Barker, 4th Degree Black Belt Instructor: <u>www.bmazed.co.uk</u> £108 additional charge payable in advance

This traditional Korean martial art includes moving forms, striking, kicking, joint locks, throws, grappling, and weapon techniques. It emphasises both self-defence and personal development, aiming to cultivate physical strength, mental discipline, and spiritual growth.

Barker Martial Arts places a strong emphasis on respect, as well as adherence to traditional Korean values and customs. BMAzed at how martial arts can enrich all aspects of your life.

# Wednesday

#### All year groups



### Science Club 4-5pm **Mrs Temlett & Miss White** £24 (inclusive of VAT) addition charge payable in advance

Do you love experimenting, discovering new things, and exploring the wonders of the world around you? At Science Club, you'll get to create cool experiments and even make things that fizz, pop, and glow! Whether you're curious about space, animals, or inventions, there's something for everyone. Come join the adventure and become a science superstar!

#### Years 5 and 6



### DT Club 4-5pm Mr Gardiner £10\* additional charge payable in advance

Come and join us to create all sorts of mini projects using wood, plastics and recycled materials. Learn how to use new tools and machinery to improve your design and craft skills!

#### All year groups



# Eco Club 4.20-5.20pm

#### Mrs Ludlam

#### £12 (inclusive of VAT) additional charge payable in advance

Come along to Eco Club to enjoy spending time outdoors! We will be harvesting fruit and veg from the garden and enjoying making salads. We will be thinking ahead to next year, planning our planting and also thinking about ways to make our school more sustainable, through litter picking, recycling and thinking of ways to help develop more biodiversity in our school grounds. Please bring wellies and waterproofs!



#### JS - All year groups



Junior Orchestra - 8.30am in Music 3. Mrs Allison and Mrs Gray

Open to all Junior School children who play an instrument.



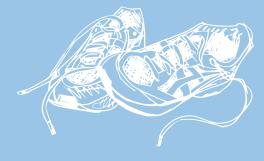
Brass Group - 8am Mr Boote - Music 3

Open to all brass players who are grade 2 and above.

**Boys Years 6-8** 



**Boys Cricket 7.30 - 8.20** (First Half Term, Invitation only).



Second Half Term - All Year 6 Boys will have the opportunity to join and a sign up request will be sent nearer the time.

Year 3



Sports Practice - Year 3 - 3.40pm - 4.30pm

- Boys Rugby
- Girls Netball

All children will need their Games Kit to change into during the school day. If your child is booked into Extended Day they will be escorted there by a teacher.

Year 5



Match Day - Year 5

- Boys- Rugby
- Girls Netball

Exact timings and teams will be communicated via Schools Sports (SOCS).

# Thursday

#### All year groups



### Proud Tiger Judo Club 7.45am-8.30am Mr Peter Gould £87 additional charge payable in advance

Students of Proud Tiger Judo club will be taught from the British Judo Association syllabus. During lessons, they will learn balance, discipline and respect, all while practicing break falls, throws and holds as intended by Jigoro Kano. Lessons will also include enjoyable warm up exercises and often finish with a game or Randori. Students will require a BJA membership. We look forward to seeing you on the mats.

#### Years 3 and 4



### Computing and Coding Club 3.50-4.50pm Mrs Sutton

Come along to the Year 3 and 4 Computing and Coding Club to enjoy a range of different online projects. We will work collaboratively to learn new skills whilst having lots of fun! Please bring your charged device and headphones to each session.

#### Year 4



### J.H Year 4 Ballet Club 4-5pm Miss Jenni £99 additional charge payable in advance.

We follow the RAD ballet syllabus and will be working on Grade 2 level classes with the aim to take an exam at the end of the Summer term for those that started in September. As well as learning the Grade 2 ballet syllabus, we also have plenty of fun and the chance to do lots of dancing to music. The cost for the term is £99 and please do email: jenni@jhballet.co.uk if you need any ballet clothes or shoes.

# Thursday



# Forest Club 4-5pm Mr Bristow £88 additional charge payable in advance

Woodland Forest School encourages children to spend time outdoors as we know it reduces stress, keeps us physically healthy, promotes well-being, boosts immunity and builds resilience. Children will be able to build dens, make woodland craft, learn about fire lighting and much more.

All year groups



### Street Dance Club 4.20pm-5.20pm Victoria Pockneall £99 additional charge payable in advance

If you're looking for an awesome street dance class for your children, look no further! Vicki is here to teach your little ones all the hottest moves to the coolest, most contemporary tunes around. They'll be popping, locking and grooving to the beat in no time and having a blast while doing it! Our classes are all about having fun, building confidence and getting active - we promise your children will love it. With all the fun, cool songs we have on tap, they won't want to miss a beat!

#### All year groups



### History Club 4.20-5.20pm Miss Hippolyte

We will delve into the parts of History that interest you most; that could be early Islamic Civilisation, the music of the 1960s or the history of our school and local area – there are so many possibilities! You will have the opportunity to develop and present your own projects. I can't wait to get started!

# Thursday

Year 5 and 6



### Swimming 4.20-5.20pm Evans Swim School £110 additional charge payable in advance

Our aim is to make children into "champions in life" as life is one big pool!

We founded Evans Swim School with one goal in mind: to give our students the most inclusive, rewarding and most of all, enjoyable swimming lessons. Evans Swim School is located in the Surrey area including Ashtead, Worcester Park, Cheam and Leatherhead. Our passionate and skilled team members are here to help students achieve their goals in their swimming lessons. Are you ready to reach your potential? Join us today!

#### Years 5 and 6



#### Computing and Coding Club 4.20-5.20pm Mrs Carmody

I really look forward to welcoming you at the Computing & Coding Club. Lots of fun is to be had whilst working collaboratively with others on various mini projects! Bring your fully charged device and headphones.

Year 5 and 6



Junk Modelling 4.20 - 5.20pm Mrs Driscoll

An opportunity to relax and be creative. Use junk materials to make a variety of models.



Match Day - Year 3

- Boys Rugby
- Girls Netball



Exact timings and teams will be communicated via Schools Sports (SOCS).

Year 4



#### Years 4, 5 and 6

Sports Practice - 3.40pm - 4.30pm

- Boys Rugby
- Girls Netball

All children will need their Games Kit to change into during the school day.

If your child is booked into Extended Day they will be escorted there by a teacher.



Swim Squad Boys - 4.30pm-5.30pm By Invitation Only

#### Year 5 and 6



### Cricket Club 7.45am-8.30am Mini Crickets £80 additional charge payable in advance

Mini Crickets are running hard ball cricket sessions for girls and boys in Year 5 and 6. Your child will need to be comfortable with hardball cricket and have their own hardball equipment.

Please note, there will be no sessions on Friday 28th February and Friday 7th March due to exams taking place in the Sports Hall.

# Film Making Club 4.20 - 5.20pm Externally run - Sparks Film and Media Arts £120 additional charge payable in advance



Year 5 and 6

Young filmmakers taking part in Sparks Filmmaking classes delve into every stage of the creative filmmaking process. All our film classes offer practical, hands on activities and include making real film productions. Crew members explore all the different crew roles you find on a real film set, explore and develop their own creative ideas and work on real-life film making projects to boost their skills. They will learn all about the creative aspects, as well as the technical aspects, of film-making - with creative challenges, from storytelling, design and all the way through to editing. All activities are hands-on and practical, using Project Based Learning techniques to inspire inquisition and exploration. Members work using a range of equipment and spaces to explore what it's like to work on a real filmset. Trailer: https://youtu.be/pDga00FJkEw

#### Year 5 and 6



# J.H Year 5 and 6 Ballet Club 4.20 - 5.20 Miss Jenni £99 additional charge payable in advance

We follow the RAD ballet syllabus and will be working on Grade 3 level classes with the aim to take an exam at the end of the Summer term for those that started in September. As well as learning the Grade 3 ballet syllabus, we also have plenty of fun and the chance to do lots of dancing to music. The cost for the term is  $\pounds 99^*$  and please do email: jenni@jhballet.co.uk if you need any ballet clothes or shoes.

Music Tech Club 4.20pm - 5.20pm Mr Keer £90 additional charge payable in advance

An exciting opportunity for students in Years 5 and 6 to learn how to compose, arrange and produce music for a project of their choosing. Students can learn how to: Write a hit song in a popular music style - or - Compose and produce a video trailer for their favourite Film/TV show or computer game.

Starting with the basics, students will be guided through a course in Garageband to create a full piece for the style of their chosen project. Using a vast library of digital instruments and effects, students will learn about the elements of music and how to use them to create drum grooves, interesting chord progressions, exciting bass lines and catchy melodies. They will gain an understanding of the key musical concepts of rhythm, harmony and melody, progress their keyboard and listening skills and build creativity through discovery, improvisation and exploration of their own musical ideas.

#### JS - All year groups



Cookery Club 4.20pm - 5.30pm Suzanne Oman, Sweet Suzie O's Bakes £121 additional charge payable in advance.

Run by an independent cake making business called Sweet Suzie O's Bakes, this cookery club will offer your child the opportunity to cook and develop an interest in a variety of foods.

The children will learn about safety and hygiene in the kitchen, recycling and using their maths skills, as baking and cooking require precise measurements. The children will be taken through a safe easy-to-understand demonstration on how to make each dish and have a discussion around where some of the ingredients on the recipe may have originated from.

This will be followed by hands-on cooking to create their very own mouth-watering dishes to take home.

All ingredients, equipment, aprons, containers will be provided for the duration of the class. The cookery classes will alternate between savoury and sweet and will give the children the enjoyment that comes from cooking for themselves and other members of their family and friends.

Year 5 and 6

#### All year groups



### Yoga Club 4.20pm - 5.20pm Hayley Chalwin - Yoganory £99 additional charge payable in advance.

Release the tension of the school week ready for the weekend. Yoga strengthens the body, increases flexibility & stamina, releases physical & mental tension.

For The Anxious: decreases anxiety and stress, encourages good mental health & emotional wellbeing

For The Sporty: great complement to other sports, helping to reduce aches, pains and stiffness and prevent injury.

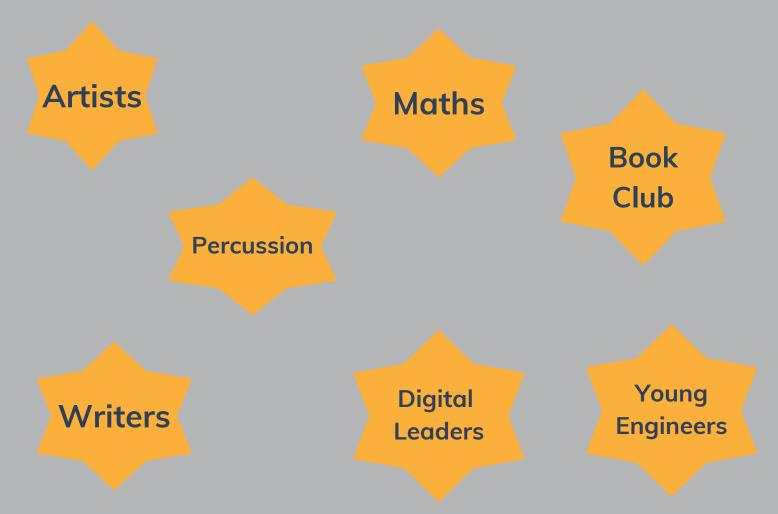
For The Non–Sporty: all the benefits of the above in a noncompetitive environment that builds self-belief & confidence.

These classes aim to leave your child feeling; stretched, strengthened, relaxed, positive & calm and include traditional yoga poses, fun partner postures, coping mechanisms for everyday stress, breathing techniques and relaxation.

# R.A.I.S.E

The RAISE programme (Raising Aspirations, Inspiring Success and Excellence) has been designed to provide opportunities for problem solving, critical and lateral thinking and extension of topics outside the curriculum to those children who naturally seek them out.

We vary RAISE's academic club provision based on the interests of the Junior School children. Next term, we will be pleased to invite children to:



Alongside RAISE clubs and activities, students are given regular opportunities to complete tasks in lessons that will stretch all abilities. This may be through questioning, differentiated tasks or open investigations that allow a range of responses.

This programme either runs during lunchtime or after school. We are currently working on the invitations for the Spring Term. We recommend that you request a space at a club if your child is interested in joining it. We will send the invitations for RAISE clubs out prior to the club places being confirmed.